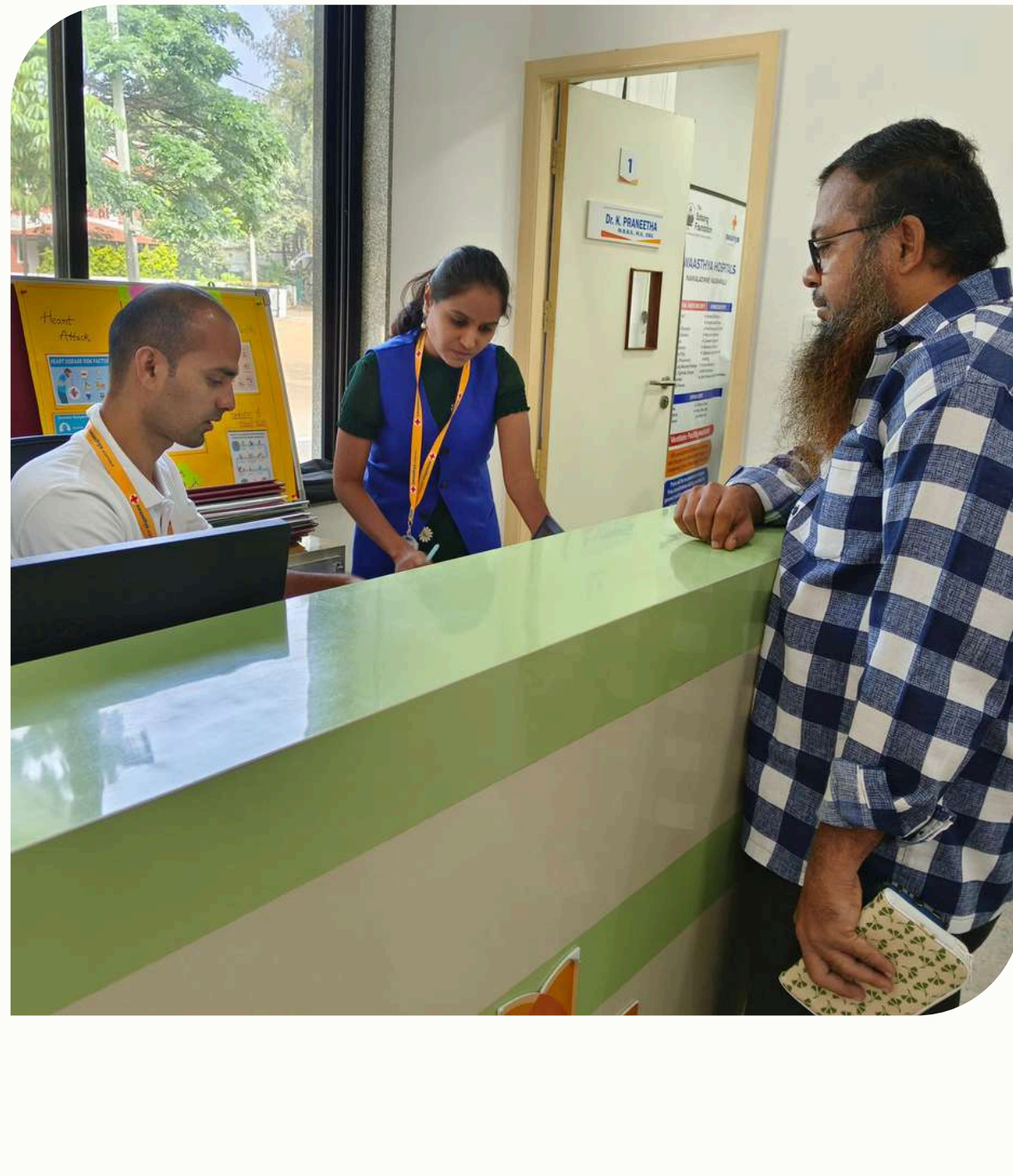


# June 2025 Impact Report



## Executive Summary

- **Physiotherapy Services:** remains one of our highest-volume departments, consistently serving patients across all clinical categories.
- **Specialized In-House Community Clinics:** our volunteer specialist doctors deliver recurring in-house Dental, ENT, and Neurology clinics at Swaasthya, bringing specialized healthcare directly to the semi-urban community of Annamayya district.
- **Monthly Case Highlights:** Successfully managed high-acuity cases including diabetic emergencies and neurological conditions, with strong interdepartmental coordination.
- **Capacity Enhancement:** A new autoclave unit was installed to meet increased sterilization demands driven by month-over-month patient growth, ensuring effective infection control and patient safety.

KEY METRICS			
<b>1727</b> OUT PATIENTS TREATED	<b>35</b> IN PATIENTS TREATED	<b>4</b> COMMUNITY CLINICS	<b>8</b> SURGERIES

## World Blood Donor Day: United in Giving

On World Blood Donor Day, 14th June, Swaasthya Hospitals hosted a vibrant blood donation drive bringing diverse participants — auto drivers, students, hospital staff, TSF members, SSDC students and teachers, and government workers. Free hemoglobin & blood grouping tests were provided to all volunteers. Strikingly, nearly 38% of the volunteers couldn't donate due to low hemoglobin levels below 12.5 g/dL, highlighting the region's anemia struggle and emphasizing the critical need for regular blood donations. With only one blood bank serving Madanapalle, every donation is precious. Heartfelt gratitude to all those who supported this life-saving cause and inspire others to join this noble mission.



## Full-Service Physiotherapy, Completely Free

Physiotherapy is crucial for recovery - from injury, surgery, stroke, and chronic pain. Yet, many, especially those in lower-income settings, view it as an added cost. As a result, treatment is often delayed or skipped due to financial constraints.

Swaasthya Hospitals operates the region's only completely free physiotherapy department in a private hospital. With over 350 patient visits monthly, the department supports recovery across neurological, orthopedic, post-surgical, cardiopulmonary, and pediatric conditions.

We are equipped to handle diverse needs through a combination of electrotherapy, rehabilitation, and manual therapy. These treatments address range of issues such as stroke-related paralysis (hemiplegia, quadriplegia), cerebral palsy, muscular dystrophy, multiple sclerosis, spondylitis, arthritis, ligament injuries, post-surgical muscle weakness, and women's health concerns such as incontinence and postnatal recovery. Each care plan is personalized, and patients are guided in home-based exercises to sustain progress beyond the hospital.

Some recover in a few sessions; others attend therapy for several weeks. In every case, the goal is simple: to move better, manage pain, and return to daily life with greater ease. At Swaasthya, this support is offered quietly, consistently—and always free of cost.



## Month of June by the Numbers

Metrics	June	YTD
<b>Patients Treated</b>	1762	5463
Out-Patient	1525	4494
In-Patient	35	123
Community	202	846
<b>New Registrations</b>	538	1963
Female	296	1103
Male	242	860
<b>Surgeries</b>	8	33
Female	3	14
Male	5	19
<b>Radiology Services</b>	77	270
<b>Pathology Services</b>	762	2702

Department	In-Patients	Out-Patients
General Medicine	18	580
Paediatrics	5	300
General Surgery	4	100
OB&G	3	80
Orthopedics	2	60
Neurology	1	120
Dentistry	1	40
OB&G	1	30
General Surgery	1	20
Pediatrics	1	15
ENT	1	10

## In-House Clinics at Swaasthya: Accessible Care, Expert-Led

At Swaasthya Hospitals, the Outreach Division works with a single-minded focus: to make high-quality, specialist care accessible to those who need it most. While some initiatives extend into rural areas, others are held within the hospital itself—offering continuity of care with the right infrastructure.

Our in-house specialty clinics are led by senior volunteer doctors, all of whom currently travel from Bengaluru—a sheer coincidence yet reflects a shared spirit of service and a deep commitment to bridging the urban-rural care divide. Their presence brings not only clinical expertise but also exposure to current protocols, advanced diagnostics, and evidence-based treatment pathways.

We currently operate three in-house specialty clinics: Dental and ENT monthly, and Neurology twice a month. The **Dental Clinic**, led by an Oral and Maxillofacial Surgeon, offers free consultations and basic procedures. Since Swaasthya's inception, the Dental Clinic has generously taken time out from his private practice to serve here. The **ENT Clinic**, launched in June and led by an ENT Surgeon, saw patient turnout far exceeding expectations. The overwhelming response has encouraged us to establish this as a regular monthly clinic. The **Neurology Clinic**, conducted twice a month by our Medical Director and a senior neurosurgeon, consistently exceeds previous patient counts. Many arrive with serious neurological and spinal conditions, often further complicated by chronic comorbidities—making it especially difficult to turn anyone away.

These in-house clinics serve as a vital link between tertiary-level specialisation and semi-urban healthcare, enabling patients in Madanapalle to access high-quality medical care without the barriers of cost or distance.

The continued patient response tells a powerful story: there is immense unmet need for specialist care in our region. We extend an open invitation to medical specialists and paramedical professionals who share this vision of equitable healthcare access. To learn more about volunteer opportunities, email us. Your skills can make a real and lasting difference.



**4** Community Clinics  
**202** Members Treated  
**115 : 87** Female : Male

## Words of Gratitude



### When the Right Hospital Makes All the Difference

*When our son developed a high fever and severe breathing difficulties, we spent two anxious days at a pediatric hospital, watching him struggle without improvement. After hearing about Swaasthya Hospitals and its resident pediatrician, we made the difficult decision to transfer him to Swaasthya on the third day.*

*Within three days at Swaasthya, our son was stable. The doctors clearly explained his condition, treatment plan, and daily progress.*

*At the previous hospital, we managed nebulisation treatments ourselves. Here, the nursing staff provided attentive care, looking after our son with warmth and dedication. The hospital's cleanliness and well-maintained equipment impressed us.*

*Despite receiving superior care and seeing our son fully recover, we were discharged from Swaasthya without any charges—unlike the hefty bill from the earlier hospital for two days of ineffective treatment.*

*We share our experience to inform other families that skilled, compassionate and free medical care is available in our community.*

*A 9-year-old boy presented with fever, cold, and breathing difficulty, showing signs of respiratory distress and low oxygen saturation. Diagnosed with viral pneumonia, he was admitted and treated with oxygen, nebulisations, IV antibiotics, antivirals, and steroids. His condition steadily improved, and he was discharged in stable condition on the third day.*

## Case Highlights

### Timely Intervention Saves Life in a Critical Renal Emergency

**Patient:** 60-year old Male patient  
**Diagnosis:** Uremic Encephalopathy, Chronic Kidney Disease (CKD), Hypertensive Emergency, Suspected Respiratory Failure

A long standing case of CKD and hypertension for over 19 yrs was brought to Swaasthya Emergency in a deeply altered state— with no urine output and dangerously low oxygen levels (SpO<sub>2</sub>: 82%), indicating possible respiratory failure.

The emergency team responded rapidly—initiating intubation, ventilator support, administered IV antihypertensives, and corrected severe acidosis. Diagnosed with uremic encephalopathy (Priority 1 case), he required urgent dialysis.

Initially, the family—distressed by the prognosis—wanted to take him home. But after compassionate counseling by the medical team, they agreed to proceed. The patient was safely transferred, underwent dialysis and advanced care at a higher center, and was later discharged in stable condition. He returned to Swaasthya for follow-up showing marked clinical improvement.

**Why it matters:** This case demonstrates the life-saving potential of rapid stabilization, ventilatory care, and effective family counseling in critical care settings.

### Emergency ICU Care for Teen with Diabetic Crisis and Seizures

**Patient:** 17-year old male patient  
**Diagnosis:** Diabetic Ketoacidosis (DKA), Uncontrolled Hyperglycemia, Epileptic Seizures

A teenage boy with Type 1 Diabetes and epilepsy was brought to Swaasthya Hospitals in critical condition after stopping his medications for almost three weeks. He presented with severe acidosis, dangerously high blood sugar, and seizures, requiring immediate intensive care.

The ICU team acted swiftly—administering insulin infusions, IV fluids, electrolyte correction, and anticonvulsants. When a breakthrough seizure occurred on Day 3, it was promptly controlled. Suspecting meningitis, the team arranged emergency transfer to a higher center via ALS ambulance, ensuring safe, monitored transport throughout the journey.

**Why it matters:** This case shows how expert ICU care, round-the-clock monitoring, and timely decisions can stabilize young patients in life-threatening crises.

## Your Partnership Creates These Miracles

The life-saving interventions you just read about are only possible because of the generous donors who believe healthcare is a fundamental right. With your help, we can reach even more patients in need:

Ways to Give	Cost per Unit	Unit per Annum	Total Cost per Annum
<b>Sponsor an Community Clinic:</b> Each clinic covers approx. 120-150 patients in terms of screening, diagnosis, and free distribution of medicines across several villages in and around Madanapalle	₹40,000	36	₹ 14,40,000
<b>Sponsor an Out-Patient:</b> Covers doctors' consultation, nursing charges, basic diagnosis and free medicines (where possible)	500	24,000	₹ 1,20,00,000
<b>Sponsor an In-Patient:</b> Covers 3 days of hospital stay bed charges, doctors' consultation, minor surgical interventions	₹15,000	1,800	₹ 2,70,00,000




*Because every person deserves the chance to be healthy.*

**Thank You!** Your belief in this work helps us reach those who need it most—with care, dignity, and compassion. Every donation, whether it sponsors a life-saving operation or provides a monthly partnership for ongoing care, ensures we can answer every call for help. We are profoundly grateful for your continued support.

### Contact Us:

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### Stay Connected:

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### Support Us:

### Our Addresses:

**Swaasthya Hospitals -**  
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Madanapalle, Andhra Pradesh – 517325

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80G exemption certificate Ref No.DIT (E)  
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2010-11 dated 6.8.2010 – Valid till the date of  
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