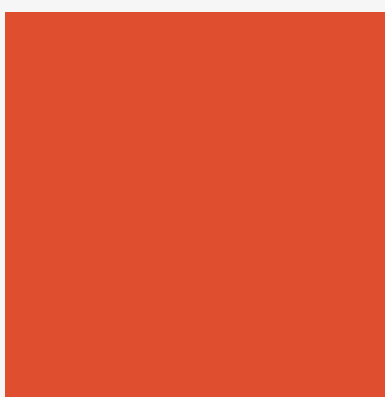
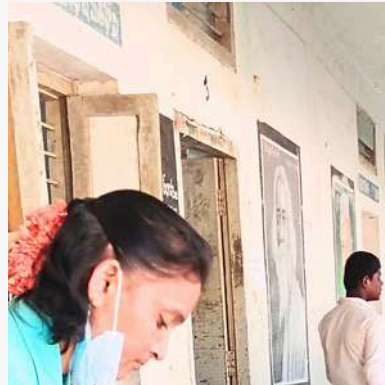


## Swaasthya Hospitals

# November Impact Report



# Executive Summary

## **Founder's Day : Week of Seva in Action**

Swaasthya Hospital observed its Founder's Day Seva Week from 1–8 November, commemorating the birth anniversary of Sri M through a series of structured, community-focused health initiatives. From villages to schools, from screening camps to shared meals, Seva Week 2025 reaffirmed Swaasthya Hospital's mission to bring compassionate, high-quality healthcare to those who need it most.

## **November Outreach : Focus on Cardiology & Nephrology**

Aimed at early detection, clinical evaluation, and increased community awareness related to heart and kidney health. The camp witnessed strong community participation, with 125 individuals availing specialised screening and consultations.

## **November Performance Dashboard**

Hospital-wide metrics tracked OPD/IPD volumes, emergency and ICU admissions, diagnostics, maternal & newborn care, outreach reach, and specialty utilisation.

## **Critical Interventions & Patient Voices**

Rapid Emergency Stabilisation and Coordinated Care, Timely Surgical Action and Critical Care Prevent Complications in a Diabetic Patient and From High-Risk Pregnancy to a Healthy Baby.

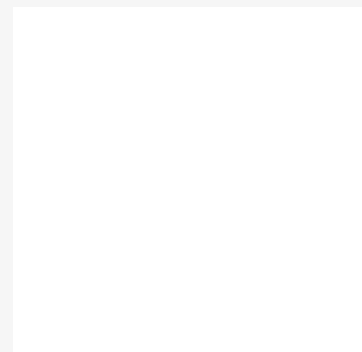
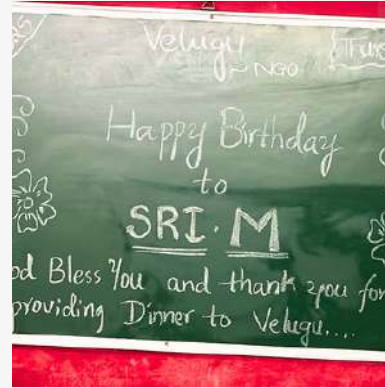
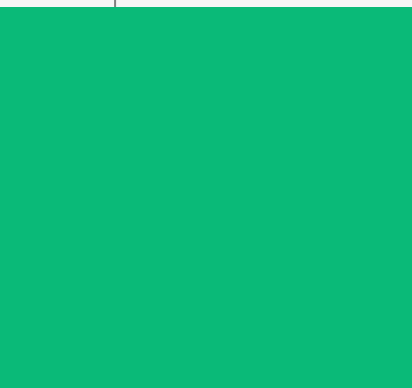
## **Corporate Social Responsibility (CSR)**

Swaasthya Hospital received CSR support, along with essential medical equipment that directly enhances the quality, safety, and reach of patient care. The CSR contributions from GE Appliances have directly strengthened critical departments including the Operation Theatre, Neonatal Care, ICU, and General Wards.

# A Week of Compassion Seva in Action

1 - 8 Nov 2025

Founder's Day 6 Nov 2025



Swaasthya Hospital observed its Founder's Day Seva Week from 1–8 November, commemorating the birth anniversary of Sri M through a series of structured, community-focused health initiatives. Designed to reach underserved populations, enhance preventive healthcare, and strengthen ties with local institutions, the week reflected the hospital's commitment to compassionate, inclusive, and meaningful service.



## 1 November

### Multi-Specialty Health Camp, Gurrarakonda

The week opened with a comprehensive medical camp at Gurrarakonda.

- 120 villagers across age groups received consultations in Orthopaedics, Gynaecology, General Surgery, General Medicine, and Paediatrics.

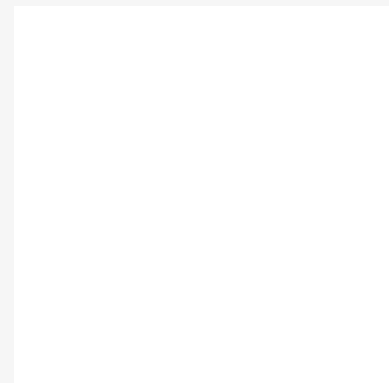
- This event marked the first field deployment of the Telemedicine Van, enabling on-site specialist examinations and faster clinical support.
- All attendees were served refreshments, ensuring a caring and comfortable environment.

### 3 November

#### Dental Camp at The Satsang Vidyalaya

The second seva activity focused on strengthening oral health among school children.

- 49 students underwent dental procedures; several others were advised for further treatment.
- Led by Pedodontist Dr. Alphie, long-time supporter who helped establish Swaasthya's dental services 12 years ago, this camp reinforced the hospital's roots in community dentistry.



## 5 November

### Ophthalmology Camp with LV Prasad Eye Institute

Swaasthya Hospital collaborated with LVPEI to conduct a large-scale eye screening camp.

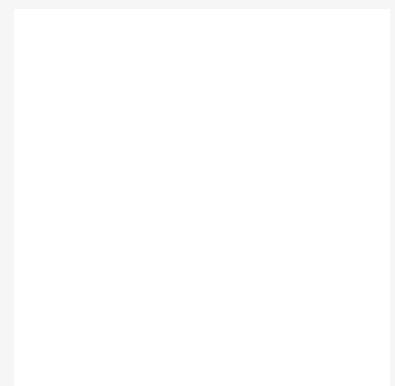
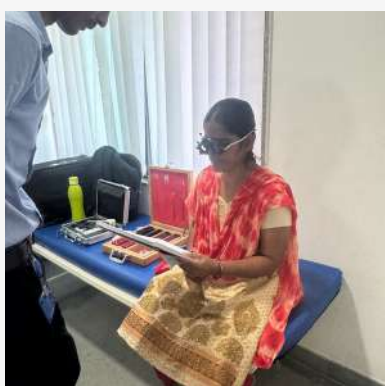
- 184 individuals (77 male, 107 female) were screened.
- Over 20 suspected cataract cases were identified and referred for surgical management.
- This initiative helped resolve the concerns and also inculcated confidence for many participants.

## 6 November

### Seva Activities on Sri M's Birthday

On the auspicious day of Sri M's birthday, the hospital hosted a full day of service and awareness initiatives:

- Neurology Camp
- Gynaecology Camp
- Mother & Child Care presentation for hospital staff



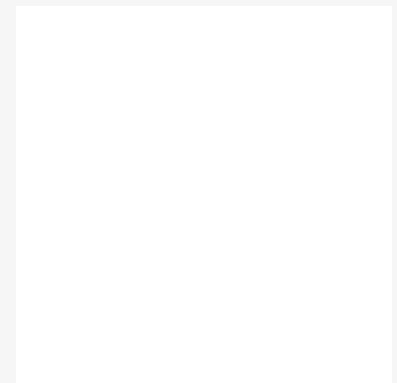
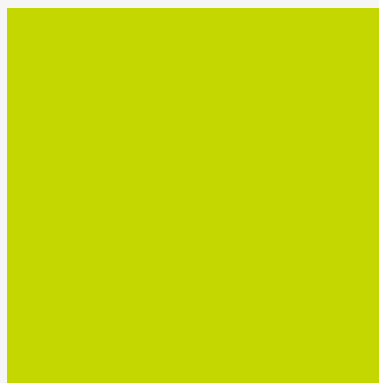
- Health screening and Annadaanam at Velugu Special School and Old Age Home, reaching 120 children and 60 adults through check-ups and nutritious meals
- This day embodied the spirit of care, learning, and collective responsibility.

## 8 November

### Children's Health Camp, Kuraparthy

The week concluded with a dedicated health screening camp at the Kuraparthy Sai Chaitanya Sravanthi Educational & Charitable Trust. Comprehensive check-ups were provided for children and residents of the home, ensuring continuity of care and timely follow-up where needed.

From villages to schools, from screening camps to shared meals, Seva Week 2025 reaffirmed Swaasthya Hospital's mission to bring compassionate, high-quality healthcare to those who need it most. Every initiative, small or large, contributed to a week that celebrated service, community, and the values embodied by Sri M.



# Swaasthya's November Outreach : Focus on Cardiology & Nephrology

## Cardiology & Nephrology Screening Camp 27–28 November 2025

Swaasthya Hospitals organised a two-day Cardiology and Nephrology Screening Camp on 27th and 28th November 2025, aimed at early detection, clinical evaluation, and increased community awareness related to heart and kidney health. The camp witnessed strong community participation, with 125 individuals availing specialised screening and consultations.

### Demographic Overview

- Total Participants: 125
- Male: 78
- Female: 47

### Clinical Services & Key Findings

Participants underwent comprehensive cardiac and renal assessments, including ECG, bedside ECHO, TMT (where indicated), and detailed specialist consultations.



## Service Utilisation

- Cardiology consultations: 78
- Nephrology consultations: 47
- ECGs performed: 35
- Bedside ECHOs: Performed for clinically indicated cases

## Health Conditions Identified

- Diabetes: 22
- Hypertension: 20
- Renal calculi: 11
- Hyperthyroidism: 1
- Rheumatic Heart Disease (RHD): 3
- Coronary Artery Disease (post-CABG / post-intervention): 3
- Non-cardiac chest pain: 3
- Nephrotic Syndrome: 1
- Hypospadias: 1



## Key Highlights

- The camp provided comprehensive cardiac screening, including evaluation of chest pain, exertional symptoms, rhythm disturbances, and cardiovascular risk profiling.
- Bedside echocardiography enabled quick assessment of cardiac function and valvular disorders, supporting early intervention decisions.
- Participants with previous cardiac procedures (including post-CABG cases) received specialist review and long-term follow-up recommendations.
- A notable number of individuals were newly identified with hypertension and diabetes, underscoring the importance of preventive care and timely lifestyle modification.
- Nephrology consultations facilitated early detection of renal disorders such as kidney stones and nephrotic syndrome, enabling prompt clinical management.

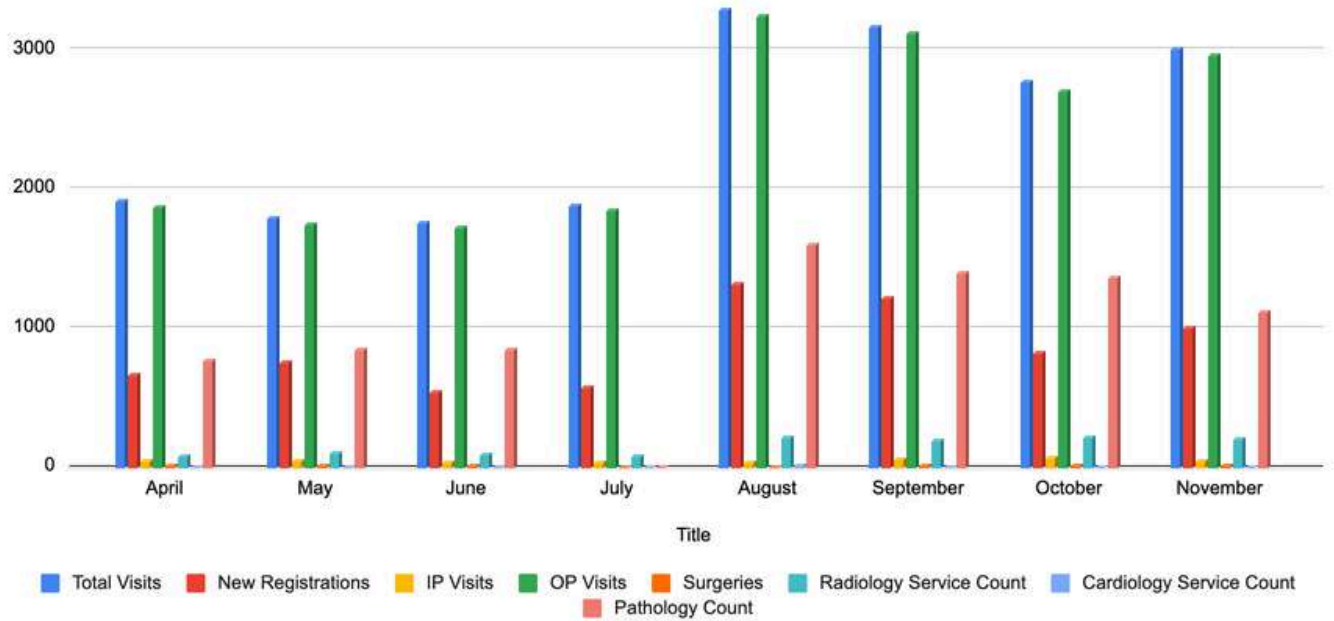
## Conclusion

The Cardiology & Nephrology Screening Camp successfully identified both early-stage and pre-existing cardiac and renal conditions within the community. The strong turnout reflects the growing need and appreciation for accessible, preventive healthcare initiatives. Swaasthya Hospitals remains committed to conducting similar programmes to improve long-term cardiovascular and renal health outcomes for the communities it serves.

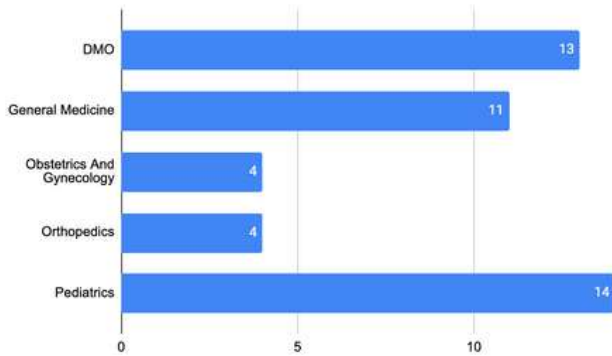


# November at a Glance

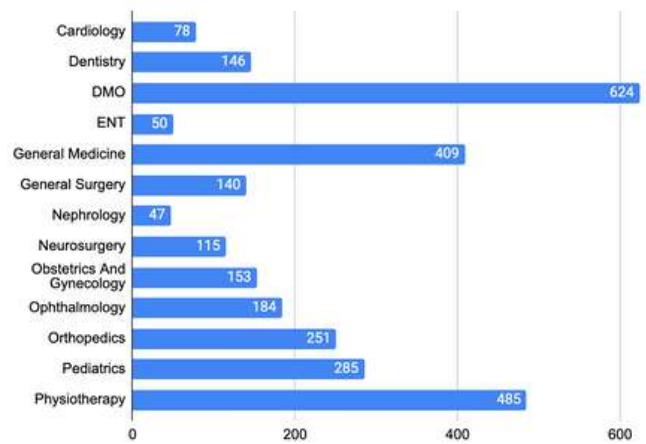
## Key Metrics Month over Month 2025



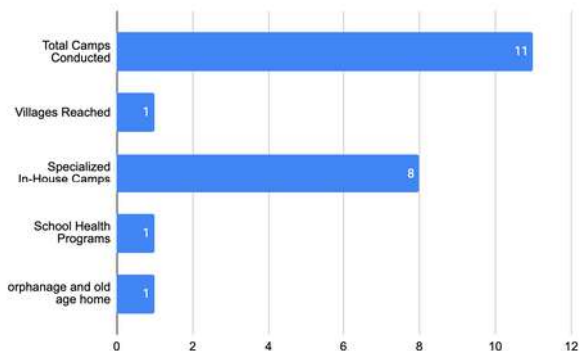
### In-Patients by Department (46)



### Out-Patients by Department (2,967)



### Outreach Camps Summary



Total Patients Served	774
Total Camps Conducted	11
Villages Reached	1
Specialized In-House Camps	8
School Health Programs	1
Orphanage & old age home	1

# Clinical Impact: Emergency, Surgical & Maternal Care

## Rapid Emergency Stabilisation and Coordinated Care Restore a Critically Ill Patient

**Patient:** 45-year-old female

**Diagnosis:** Severe Iron-Deficiency Anemia (Hb < 3.5 g/dL), Menorrhagia, Early Congestive Heart Failure, Intramural Fibroid

A 45-year-old woman was brought to the Emergency Department in critical condition with profound fatigue, breathlessness, and a history of longstanding heavy menstrual bleeding. Initial investigations revealed life-threatening anemia (Hb < 3.5 g/dL), early congestive heart failure, and an intramural fibroid contributing to continued blood loss.

The Emergency team initiated immediate resuscitation, including urgent blood transfusions and stabilisation. Once her condition improved, the General Medicine and Gynaecology teams collaborated to correct the severe anemia, initiate nutritional support, and plan long-term management of menorrhagia and the fibroid. The patient responded well and was discharged in stable condition with medications and scheduled follow-up care.

### Why it matters:

This case demonstrates the importance of rapid emergency response supported by coordinated multidisciplinary care. Early stabilisation prevented worsening heart failure, while timely gynecological intervention helped address the root cause of her critical anemia, ensuring a safe recovery and long-term health.

# Timely Surgical Action and Critical Care Prevent Complications in a Diabetic Patient

**Patient:** 46-year-old female

**Diagnosis:** Wet Gangrene of Middle Finger, Cellulitis, Type 2 Diabetes Mellitus, Hypokalemia, Hypertension

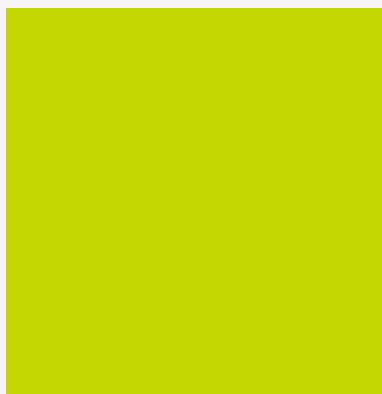
A 46-year-old woman with long-standing diabetes presented with severe infection and wet gangrene of her right middle finger. The Emergency Department responded promptly, and the Surgical team performed urgent debridement to remove necrotic tissue and prevent systemic spread.

Post-surgery, she was admitted for critical care monitoring, stabilisation of blood sugars, correction of electrolyte imbalance, and IV antibiotics. Her vitals were closely observed, and she showed steady improvement under the joint care of the surgical and critical care teams.

She recovered well and was discharged in stable condition with medications and follow-up instructions.

## Why it matters:

For patients with diabetes, infections can escalate rapidly. This case highlights how timely emergency surgery, paired with vigilant critical care, can prevent major complications, safeguard limbs, and ensure safe recovery in high-risk patients.



# From High-Risk Pregnancy to a Healthy Baby



## Case Summary:

An antenatal scan revealed ventricular asymmetry, with a prominent right ventricle and mildly narrowed left ventricle, categorising the pregnancy as high-risk. The baby was delivered at term, weighing 2.9 kg, and experienced mild respiratory distress, requiring short-term NICU oxygen support. The newborn improved within hours, and a postnatal echocardiogram showed a small PDA and small ASD. The baby stabilised well, initiated exclusive breastfeeding, and was discharged in good condition with scheduled follow-up.

## Testimonial (Parent):

*“Namaste, my name is Nabil and I am from Madanapalle. I first came to know about Swaasthya Hospital, Madanapalle through the mega health camp. I had brought my mother for the camp, and she experienced excellent relief from her migraine. Later, I visited Swaasthya Hospital for my wife’s delivery. The scan before delivery showed a mild heart issue in the baby, and it was considered a high-risk pregnancy. Despite this, the doctors, pediatric team, lab staff, and nurses provided outstanding care throughout. The hospital’s infrastructure and facilities are truly impressive. Instead of spending a huge amount in private hospitals, I received quality healthcare here at a very affordable almost free cost. I am very satisfied and grateful for the services provided.”*

# Corporate Social Responsibility (CSR) Support: Strengthening Clinical Capacity

Swaasthya Hospital received CSR support, along with essential medical equipment that directly enhances the quality, safety, and reach of patient care. The CSR contributions by GE Appliances have directly strengthened critical departments including the Operation Theatre, Neonatal Care, ICU, and General Wards.

## Equipment Received Through CSR Support

### 1. OT Tourniquet

A vital device used in the Operation Theatre to temporarily restrict blood flow to a limb during surgery. This significantly reduces intraoperative bleeding, ensures a clear surgical field, and improves both precision and safety during orthopedic and reconstructive procedures.

### 2. Baby Warmer

A specialised unit that helps newborns, especially premature or low-birth-weight infants, maintain normal body temperature. This equipment enhances neonatal survival, stability, and comfort, and supports safer post-delivery care.

### 3. CPAP Machine (Continuous Positive Airway Pressure)

A respiratory support system that delivers gentle, continuous air pressure through a mask. Used for newborns with breathing distress, ICU patients, and individuals with sleep-related breathing issues, the CPAP unit improves oxygenation and reduces the need for invasive ventilation.

#### 4. Fowler Bed (Adjustable Clinical Bed with Side Rails)

A hospital-grade bed with adjustable head and leg positions to improve patient comfort and clinical management. These beds are essential for post-operative patients, elderly individuals, and those requiring long-term or critical care monitoring.

#### 5. Clinical Microscope

A precision instrument that enhances diagnostic capability in the laboratory.

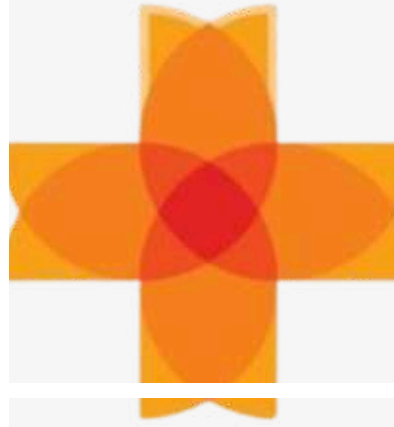
It enables accurate examination of blood, tissue, and microbial samples, supporting timely diagnosis and effective treatment planning.

#### Impact Summary

The CSR contribution has directly strengthened the hospital's ability to deliver safe surgeries, specialised neonatal care, advanced respiratory support, and improved inpatient comfort, while expanding diagnostic accuracy. These resources help ensure that high-quality healthcare remains accessible and affordable for the communities we serve.



*We are truly grateful to GE Appliances for their generosity and support for Swaasthya Hospitals.*



# swaasthya

## HOSPITALS

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# Thank You

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## Our Addresses:

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