

July 2025 Impact Report



Executive Summary

- Guru Poornima 2025 Seva events:** TSF members from India and abroad participated in three impactful seva activities—Swaasthya Walkathon, Blood Donation, and specialized medical camps—bringing Sri M's teachings of Karma Yoga into action.
- Mid-Year health screening at Satsang Vidyalaya:** As part of its outreach program, Swaasthya's pediatric team conducted a comprehensive health screening for all students — enabling early intervention and reinforcing the vital connection between well-being and learning.
- Monthly case highlights:** Timely, multidisciplinary care helped two patients recover—one from a hemorrhagic stroke with multiple comorbidities, and another from acute-on-chronic pancreatitis with cardiac, diabetic, and hypertensive conditions.
- Operation theaters re-started:** After 25 days of planned upgrades and rigorous sanitization, both operation theaters were fully reactivated on July 25th.

KEY METRICS

1845 OUT PATIENTS TREATED	34 IN PATIENTS TREATED	4 COMMUNITY CAMP	1 SURGERIES
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For the Wellbeing of All: Acts of Seva for Guru Poornima

Every year, thousands journey to Madanapalle, home to the Ashram of their beloved Guru Sri M to celebrate Guru Poornima. This spiritual gathering becomes a living expression of the Guru's teachings of Karma Yoga and Seva Bhava, anchored in the ideal of "Sarva Bhuta Hite Ratah"—may all beings benefit.

Sri M often reminds us that true spiritual practice is inseparable from compassionate action: "Karma Yoga is essential for every human being. It is Karma but when the work is done not only for oneself but for others, it becomes Karma Yoga."



contd...For the Wellbeing of All: Acts of Seva for Guru Poornima

During Guru Poornima 2025, these words came to life through three deeply meaningful seva initiatives. TSF participants from across India and the world came together in service, transforming devotion into compassionate action.

Walking for Wellness - The Swaasthya Walkathon: The annual Swaasthya Walkathon returned with the theme "I Walk for My Swaasthya." Flagged off by Sri M alongside Mr. Megha Swaroop-I.A.S., Sub-Collector, Madanapalle and Mr. Mahender-I.P.S, DSP, Madanapalle, nearly 500 participants including school children, college students, NCC cadets, participants, hospital staff, and locals joined this wellness initiative promoting walking as preventive healthcare while fostering community solidarity.

Giving Life - Blood Donation Drive: During the two-day drive, 93 individuals offered the profound seva of blood donation at Swaasthya—23 women and 70 men across all age groups. This generous act directly supports emergency and surgical care to Madanapalle and surrounding villages.

Professional Seva - Specialized Medical Camps: Medical professionals among the participants channeled their expertise into service through specialized camps. This year featured a Nephrology camp, part of Swaasthya's ongoing tradition of conducting camps by volunteer specialists across various fields including Dental, Cardiology, ENT, Gastroenterology, and Geriatric care, ensuring quality healthcare reaches underserved communities.

Join the Mission: Swaasthya Hospitals welcomes medical professionals to volunteer and conduct specialized camps. email: hr@swaasthyahospitals.com



Month of July by the Numbers

Metrics	July	YTD
Patients Treated	1879	7342
Out-Patient	1538	6032
In-Patient	34	157
Community	307	1153
New Registrations	574	2537
Female	298	1401
Male	276	1136
Surgeries	1	34
Female	1	15
Male	-	19
Radiology Services	82	352
Pathology Services	414	3116

In-Patients by Department (34)	
General Medicine	20
General Surgery	10
Paediatrics	4

Out-Patients by Department (1845)	
General Medicine	600
Physiotherapy	350
Pediatrics	250
Orthopedics	150
General Surgery	100
OB&G	80
Dentistry	60
Neurology	40
ENT	30
Nephrology	20

Mid-Year Pediatric Outreach at Satsang Vidyalaya



Swaasthya Hospitals' outreach camps are a vital part of our pediatric and community care mission—bringing early intervention and preventive healthcare to schoolchildren across Annamayya district. These school health camps offer structured screening, health education, often in areas where consistent access to care is limited.

As part of this effort, our Pediatrics team recently conducted a mid-year screening at *Satsang Vidyalaya*—a free school established in 1999 by Sri M on the outskirts of Madanapalle. Today, it welcomes students from all backgrounds and provides a daily, protein-rich meal tailored to meet nutritional needs while appealing to young palates and drawing from local flavours. As Sri M reminds us, *learning begins with well-being*.

This semi-annual screening helps monitor student health and identify emerging concerns midway through the academic year. Over three days, all 217 students from Grades 1 to 10 were screened for dental caries, anaemia, nutrient deficiencies, thyroid issues, vision, and hidden malnutrition—both underweight and overweight.

Each child's health report was documented, and follow-ups with parents are underway. Early detection leads to timely care and better learning outcomes.

This is part of Swaasthya's larger goal: to provide free pediatric screening across all schools in Madanapalle. In regions where families often seek medical help only during illness, these camps help identify and address issues—like infections, dental problems, malnutrition, and mental health concerns—that often go unnoticed.

India has the world's largest adolescent population, with school-aged children comprising over 30% of the country. These formative years are critical—not just for physical growth, but for emotional and cognitive development.

Focus Area	Findings
Nutritional Status	28.7% (62 students) were underweight, while 9.9% (21 students) were overweight
Anemia	56% (122 students) showed signs of anemia — 40.1% mild, 15.8% moderate
Dental Health	45% (98 students) had visible cavities or dental concerns
Vision	11.1% (24 students) showed signs of myopia or suspected vision impairment
Skin Conditions	56.4% (122 students) had hypopigmented patches, indicating possible Vitamin D or nutrient deficits
Acute Illness	5.9% (13 students) had fever, 6.9% (15 students) reported cold symptoms; no major GI issues noted

Also this month: three specialized camps were held—a Nephrology Camp during Guru Poornima, and the ongoing monthly Neurology and ENT camps, contributing to the following overall community camp statistics:

4 Community Camp
307 Members Treated
174 : 133 Female : Male



Case Highlights

Stroke Stabilization in a Hypertensive Diabetic Patient

Patient: 51-year old Male
Diagnosis: Intracerebral Hemorrhage (Hemorrhagic Stroke), Hypertensive Emergency, Type 2 Diabetes Mellitus, Urinary Tract Infection with Hematuria

A patient with poorly controlled hypertension and type 2 diabetes presented with sudden left-sided hemiparesis and facial palsy, diagnosed with an intracerebral haemorrhage and hypertensive crisis (BP 200/100 mmHg). Concurrently, a urinary tract infection with haematuria was identified.

Multidisciplinary consultations with neurosurgery, physiotherapy, and urology were initiated for rehabilitation and evaluation. The patient showed significant improvement and was discharged in stable condition with medications and follow-up plans for stroke recovery and chronic disease management.

Why it matters: This case underscores the importance of rapid blood pressure control, neurocritical care, and coordinated multidisciplinary intervention in managing hypertensive emergencies complicated by intracerebral hemorrhage—in high-risk patients with multiple comorbidities.

Swift Supportive Care in Pancreatitis with Cardiac Comorbidities

Patient: 68-year old male
Diagnosis: Acute on Chronic Pancreatitis, Systemic Hypertension, Diabetes Mellitus, Coronary Artery Disease (CAD)

A 68-year-old man with hypertension, type 2 diabetes, and coronary artery disease was admitted at Swaasthya with abdominal pain, vomiting, and diarrhea. He was diagnosed with acute-on-chronic pancreatitis and managed conservatively with supportive care and monitoring of his existing conditions. He improved steadily and was discharged with advice on diet, medications, and follow-up.

Why it matters: This case shows how expert ICU care, round-the-clock monitoring, and timely decisions can stabilize young patients in life-threatening crises.

Your Partnership Creates These Miracles

Behind every patient cared for at Swaasthya are individuals like you—who believe that access to quality healthcare should not depend on income or geography. Your support fuels our ability to respond swiftly and compassionately to those who walk through our doors.

Ways to Give	Cost per Unit	Unit per Annum	Total Cost per Annum
Sponsor a Community Camp: Each camp reaches 120–150 patients across underserved villages in and around Madanapalle, offering screening, diagnosis, and free medicine distribution (where possible)	₹40,000	36	₹ 14,40,000
Sponsor an Out-Patient: Supports doctors' consultation, nursing charges, essential diagnosis and free medicines (where possible)	500	24,000	₹ 1,20,00,000
Sponsor an In-Patient: Covers 3 days of hospital stay bed charges, doctors' consultation, nursing care, and minor surgical interventions	₹15,000	1,800	₹ 2,70,00,000
Become a Recurring Donor - Support overall hospital operations—staff, medicines, equipment, and emergency care. Choose your duration and denomination.			₹2,500 / month or more

Your Support Makes Healing Possible

Every donation—whether it funds a single camp or sustains care month after month—directly impacts lives. Thank you for standing with us to deliver healthcare with dignity and compassion.

Contact Us:

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Support Us:



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