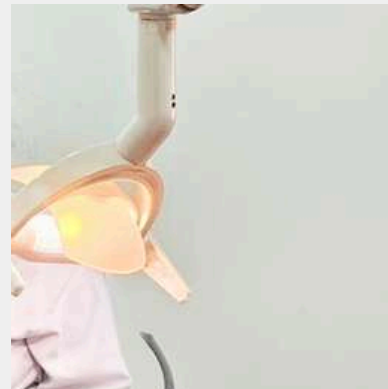


**Swaasthya Hospitals**

# October Impact Report



# Executive Summary

- **Expanding Preventive Oral Health Services** - Dental Department strengthened through free consultations, subsidised procedures, and monthly volunteer-led specialty clinics — addressing the region’s high burden of untreated dental disease.
- **Integrated Outreach & Follow-Up Care** - School and village screenings identified key health gaps, while in-house specialty clinics ensured affordable follow-up and advanced treatment — completing the care cycle from detection to recovery.
- **October Performance Dashboard** - Hospital-wide metrics tracked OPD/IPD volumes, emergency and ICU admissions, diagnostics, maternal & newborn care, outreach reach, and specialty utilisation.
- **Critical Interventions & Patient Voices** - From neonatal resuscitation and septic shock recovery to reversal of a hypertensive emergency — timely care saved lives across age groups, reflected in heartfelt patient feedback on access, affordability, and trust.



# Dental Health at Swaasthya Hospital

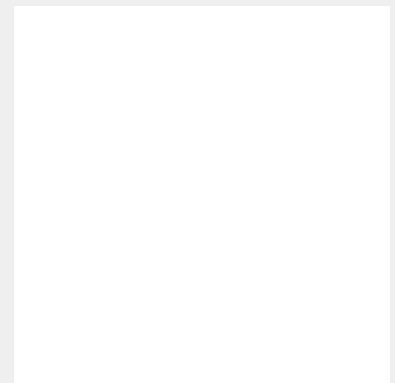
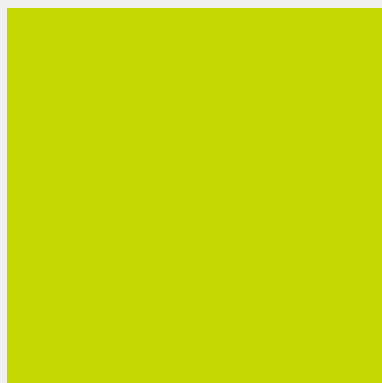
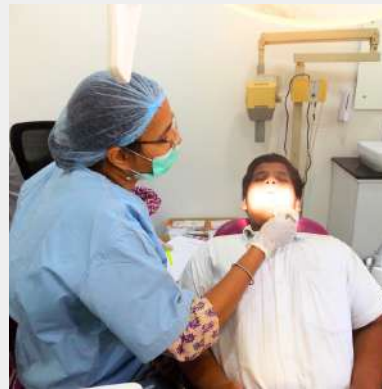


The **Dental Department at Swaasthya Hospital**, formally established in **August 2024** with the appointment of a full-time resident dental surgeon, is one of the hospital's youngest yet steadily expanding specialties. Committed to making oral healthcare accessible, it provides free dental consultations. Advanced procedures are delivered at rates significantly lower than private clinics in the region, ensuring that even specialized care remains affordable for families who might otherwise delay or avoid treatment. Supported by Swaasthya's strong focus on hygiene, safety, and patient dignity, the department has quickly earned the trust of the community.

An important extension of its work is the **Dental Outreach Program**, which brings screening and treatment to schools, rural communities, and general health camps. This is especially critical in Andhra Pradesh, where studies show that **28.5% of schoolchildren suffer from dental caries**, and limited oral hygiene awareness contributes to preventable complications. By combining on-site care with education on brushing, nutrition, and cavity prevention, Swaasthya is helping stop minor issues from progressing into long-term disease.

The department is further supported by **senior volunteer specialists**, including a **Pedodontist and an Oral & Maxillofacial Surgeon**, who have been associated with Swaasthya since its early years. Every month, they conduct free specialty clinics, providing advanced procedures at no cost to patients who might otherwise remain untreated.

Though still young, the Dental Department reflects the broader mission of Swaasthya Hospital — **delivering affordable treatment while prioritizing prevention and community outreach**. With every clinic visit and outreach camp, it is building awareness and bringing healthier smiles to Madanapalle and surrounding communities.



# Swaasthya's October Outreach: A Month of Preventive Action & Early Detection

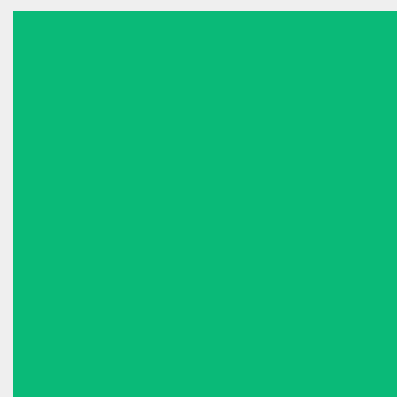
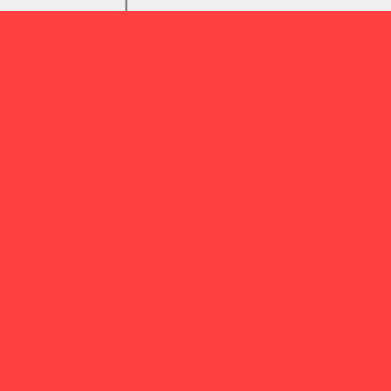
October 2025 continued to reflect Swaasthya's mission of taking healthcare beyond hospital walls — strengthening early detection in schools, addressing chronic illness in villages, and ensuring continuity of specialised care for long-term patients.

## Health Begins in the Classroom: School Screening & Awareness

At Gurukul Upper Primary School and Smile School, a full-school health assessment revealed a concerning pattern: malnutrition and dental issues emerging as the biggest threats to child health. Nearly one in three students showed signs of under- or over-nutrition, while a large number required dental intervention. Parents were engaged through an interactive session on nutrition, hygiene, screen time, and preventive habits — reinforcing that community health begins with informed families.

## Rural Care Where It's Needed Most

In Chandramakullapalli Village, the general camp highlighted the dual burden rural communities face — chronic musculoskeletal pain among adults, and acute infections among younger groups. For many, this camp was their first medical consultation in months, underscoring the importance of taking healthcare directly to those who cannot travel or afford routine checkups.



## Specialty Care That Never Pauses

Inside the hospital, specialty services continued uninterrupted — including the regular Neurology, Dental, and Gynaecology camps. These clinics remain a lifeline for patients who depend on affordable, repeat consultations for conditions requiring expert care and long-term follow-up.

## A Clear Priority: Prevention Today, Health Tomorrow

October's outreach efforts revealed a consistent truth — preventive care is not optional, it is urgent. Whether it's malnutrition in schools, untreated dental issues, chronic pain in seniors, or gaps in women's health — the need is vast, and the response must be continuous.

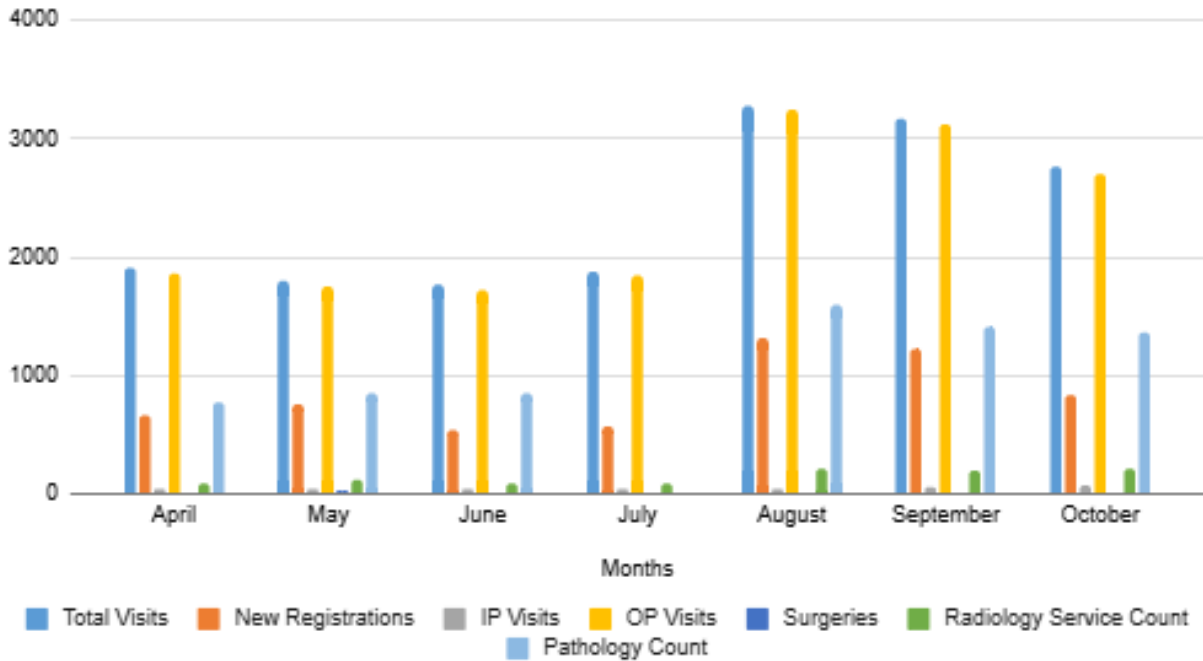
## October 2025 Camp Summary:

- Total Patients Served: 271
- Total Camps Conducted: 5
- Villages Reached: 1
- Specialized In-House Camps: 2
- School Health Programs: 2

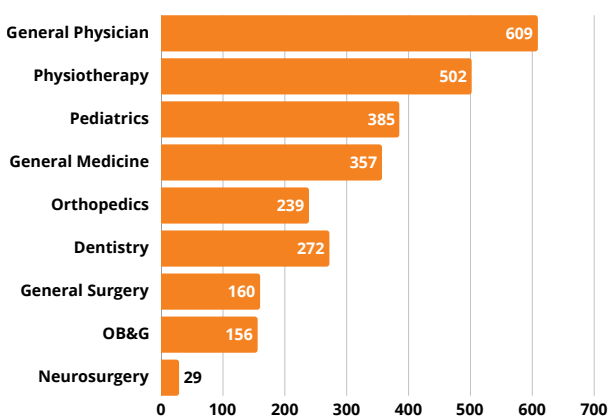


# October at a Glance

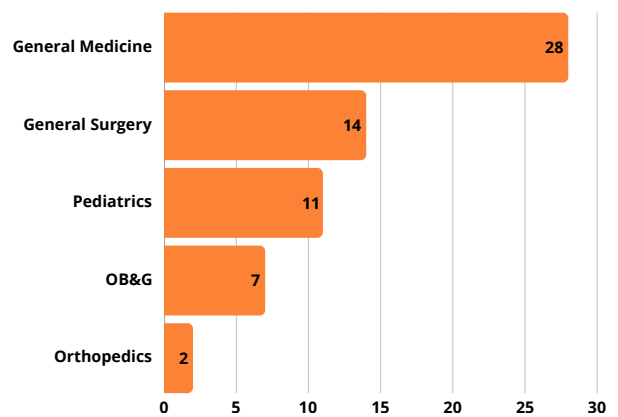
Key Metrics Month over Month 2025-26'



Out-Patients by Department (2,709)



In-Patients by Department (62)



# October at a Glance

# Case Highlights

## Critical Emergency & ICU Intervention Prevents Multi-Organ Failure

Patient: 51-year-old male

Diagnosis: Acute Pulmonary Edema, Hypertensive Emergency, Acute Kidney Injury, Type 2 Diabetes Mellitus

A 51-year-old diabetic patient presented to Swaasthya's Emergency Department with acute dyspnoea, bilateral pedal edema, and malignant hypertension. Evaluation confirmed acute pulmonary edema with evolving acute kidney injury. He was stabilized with high-flow oxygen, IV antihypertensives, and diuretics, and urgently shifted to the ICU for continuous hemodynamic and renal monitoring.

Multidisciplinary ICU care with IV diuretics, insulin infusion, and strict blood pressure control reversed respiratory distress and renal dysfunction. He was discharged haemodynamically stable with medication, dietary advice, and follow-up.

Why it matters: Timely escalation of care prevented progression to multi-organ failure in a high-risk hypertensive emergency.

## ICU Care Reverses Life-Threatening Septic Shock

Patient: 65-year-old female

Diagnosis: Acute Bacterial Sepsis with Septic Shock, Hyponatremia

A 65-year-old woman presented to Swaasthya's Emergency Department with persistent vomiting, high-grade fever, and myalgia. She was hypotensive (BP 80/50 mm Hg) and investigations confirmed septic shock with severe hyponatremia. Immediate resuscitation with IV crystalloids, broad-spectrum antibiotics, and inotropic support was initiated, followed by urgent transfer to the ICU for advanced hemodynamic monitoring.

In the ICU, multidisciplinary management focused on infection control, sodium correction, and organ support. Continuous monitoring and timely escalation of therapy resulted in stabilization of blood pressure, normalization of serum sodium, and progressive clinical recovery. She was discharged haemodynamically stable with medications and follow-up instructions.

Why it matters: Early sepsis recognition and aggressive ICU intervention are critical to restoring stability and saving lives.

# Case Highlights

## Golden Minute Response Saves a Newborn in Distress

Patient: Term male newborn

Diagnosis: Birth Asphyxia with Perinatal Depression, recovered after resuscitation

A full-term male infant delivered by Caesarean section presented with absent cry, poor tone, and inadequate respiration due to a tight nuchal cord. Within seconds, the Pediatrics and Obstetrics teams activated the Neonatal Resuscitation Protocol (NRP), administering positive-pressure ventilation within the golden first minute.

The prompt response restored respiration, tone, and perfusion, after which the newborn was transferred to the NICU for observation and supportive care. By 48 hours, he was hemodynamically stable, active, feeding well, and reunited with his mother for exclusive breastfeeding.

Why it matters: Timely “golden minute” intervention and strict adherence to NRP protocols by the Pediatrics and Obstetrics teams saved a newborn in critical distress, reinforcing the hospital’s capability in managing high-risk deliveries and ensuring safe mother–child outcomes.

# A Father's Relief: From Desperation to Recovery

For six months, we went from one hospital to another for my child's recurring breathing problem. Each time, he was put on heavy medication, recovered briefly, and then fell sick again. Five days ago, he had yet another episode. The hospital treated him, we brought him home, and within two days, he was struggling to breathe once more. When we returned, they asked us to buy expensive antibiotics and advised us to take him to Tirupati — something we simply could not afford.

That was when the Swaasthya Hospital ambulance driver told me about the hospital.

At Swaasthya, the bed, doctor consultation, and nursing care were completely free, and even the medicines were available at a subsidized cost. The doctors and nurses took exceptional care of my child, and today, he is completely healthy.

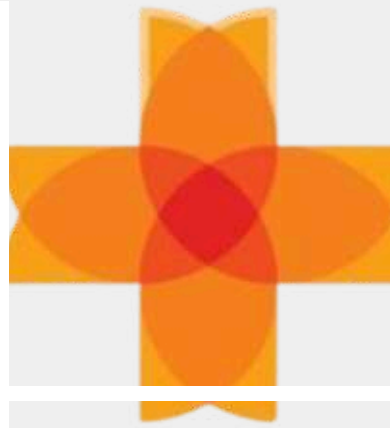
Our baby was discharged two days ago, and today we came for the follow-up. He is still doing well — breathing normally and active again.

I am deeply grateful to Swaasthya Hospital for their compassionate and dedicated service.

## Case Summary

A 6-month-old infant with a history of recurrent lower respiratory tract infections (LRTIs) since birth was admitted with acute bronchiolitis and respiratory failure. He was managed in the ICU with oxygen therapy, antibiotics, and continuous monitoring. After a week of intensive care, the child showed steady clinical improvement and was discharged in stable condition.





**swaasthya**  
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*health and beyond*

# Thank You

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## Our Addresses:

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Madanapally, Andhra Pradesh – 517325

### Income Tax Details -

80G exemption certificate Ref No.DIT (E)  
147/80G@/ V-327/AAATM2522K/ ITO (E) – 2/  
2010-11 dated 6.8.2010 – Valid till the date of  
cancellation.

