swaasthya HOSPITALS *health and beyond*

OCTOBER 2026

MONTHLY IMPACT REPORT

The Satsang Foundation

with our minds put together, may we understand

SWAASTHYA

HOSPITALS — *health and beyond*

A CHILD FOUND p. 5

One of triplets, with a spinal condition no one had checked — until our village camp

SAFE IN THE STORM p. 7

Labour at night, in heavy rain. Mother and baby both came home safe

4 SURGERIES, 1 VOLUNTEER p. 8

A senior surgical oncologist gave his time so four patients could be treated

BACK FROM PNEUMONIA p. 7

Struggling to breathe, she found intensive care close to home — and recovered

2,589

LIVES. ONE MONTH.

Every one a whole world to someone.

Each figure is one person we cared for in October

● 1,949 OPD ● 176 physiotherapy ● 464 outreach

Steady care, *every day*

In October, Swaasthya cared for **2,589** beneficiaries, including 1,949 patients in our OPD, 176 in physiotherapy and 464 reached through outreach. Every one of them is a family that chose Swaasthya for their care — a reflection of the trust the community places in us.

Care continued at a consistent pace, with **2,872** OPD visits, **78** admissions and **18** surgeries, as patients moved from consultation to treatment under one roof. October also saw four seva surgeries by volunteer surgical oncologist Dr. Manjunath Sastry.

Our diagnostic services kept pace with this care: **1,178** lab tests and **280** radiology procedures — 184 X-rays and 96 ultrasound scans — helped doctors diagnose accurately and treat with confidence across outpatient, inpatient and surgical care.

Beyond our walls, **6** camps and events reached **464** people across 6 locations. The most meaningful moment came at the PTM camp, where our team found a child — one of triplets — with a spinal condition that had never been checked, and guided the family towards specialist care.



Dr. Manjunath Sastry with the Swaasthya team

CLINICAL HIGHLIGHT

DENGUE WITH LOW PLATELETS, TREATED CLOSE TO HOME

A man from Tavalam with dengue fever and thrombocytopenia had seen no improvement with a local practitioner. On his brother's recommendation he came to Swaasthya, where he was treated under General Medicine.

"The doctors here have provided very good treatment and care." — Patient, Tavalam

02 / MONTH AT A GLANCE

October 2026 *by the numbers*

A single-page view of how October added up across care delivery, patient demand, diagnostic services, and community outreach.

2,589
BENEFICIARIES REACHED

1,308
NEW REGISTRATIONS

Care delivery snapshot

Monthly numbers with YTD context

2,872
OPD visits
18,300 YTD · 1,949 patients this month

78
Inpatient admissions
505 YTD

18
Surgeries performed
107 YTD

464
Outreach beneficiaries
6 camps across 6 locations this month

1,178
Lab tests
9,751 YTD

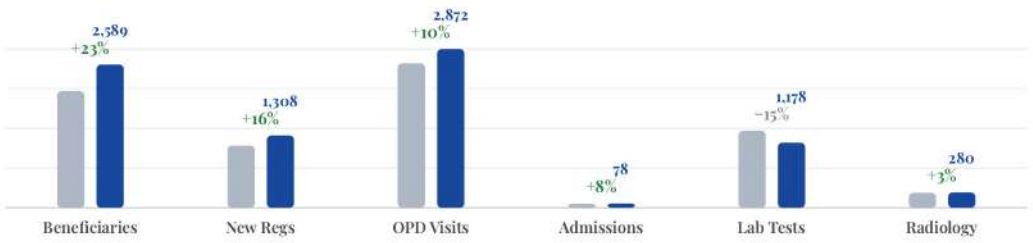
280
Radiology procedures
184 X-rays · 96 ultrasounds · 1,899 YTD

548
Physiotherapy sessions
176 patients · 4,178 sessions YTD

14,776
Beneficiaries so far this year
FY 2026–27, April–October · 7,873 new registrations YTD

October vs. YTD monthly average

FY 2026–27 · April to October



Steady, reliable care: beneficiaries reached were above the year's monthly average, and admissions and surgeries held close to their three-month averages — consistent service delivery, with **14,776 beneficiaries** reached so far in FY 2026–27.

Camps & events *this month*

6 CAMPS & EVENTS THIS MONTH

6 LOCATIONS — 5 IN VILLAGES & SCHOOLS, 1 AT THE HOSPITAL

464 PEOPLE REACHED IN ONE MONTH



02 — 11 OCT

IN THE COMMUNITY

General Health Screening Camp

Rapurivaripalle, PTM



01 — 03 OCT

IN THE COMMUNITY

School Health Monitoring

Basinikonda



03 — 12 OCT

WORLD ARTHRITIS DAY

General Screening Camp

Arya Vaishya Old Age Home



04 — 17 OCT

AT THE HOSPITAL

Neuro Camp

Swaasthya Hospital



05 — 30 OCT

IN THE COMMUNITY

School Health Monitoring

Z.P.H.S. Kalavapalle



06 — 30 OCT

IN THE COMMUNITY

General Health Screening Camp

Kalavapalle

PTM Mandal · *October's featured outreach*





57	34	16
VILLAGERS ATTENDED	MUSCULOSKELETAL COMPLAINTS	NEUROLOGICAL COMPLAINTS

COMMUNITY CAMP 11 October

General Health Screening — Rapurivaripalle, PTM

A medical outreach camp in PTM Mandal on 11 October brought health screening and consultation to 57 villagers — 34 men (59.6%) and 23 women (40.4%). This is a largely farming community, and the nearest hospital is far away: a visit means travel costs and lost working hours, so many people put off care until a problem becomes serious. One woman who had injured her shoulder in a fall had gone to a traditional healer instead of a hospital.

Musculoskeletal complaints were the most common concern, followed by neurological complaints, alongside respiratory and ENT conditions (7), myalgia (7), hypertension and high blood sugar (5), gastrointestinal (5), skin (4) and eye (1) complaints.

A REFERRAL THAT BROUGHT HOPE

The team identified a child, one of triplets, with an apparent spinal abnormality that had never been evaluated. They guided the family towards specialist assessment, where surgery may be an option — a condition that might have stayed hidden without a camp in the village.

WHY IT MATTERS

For rural families, a camp close to home means problems are caught early and guidance comes without the burden of a long journey.

Basinikonda & World Arthritis Day · *continued*



SCHOOL HEALTH CAMP 03 October

School Health Monitoring — Basinikonda

60 students screened

34 with dental caries

14 need vision correction

A school health screening at Basinikonda on 3 October checked 60 students — 31 girls and 29 boys — covering BMI, vision, hearing, dental and general health. Hearing was normal for every child and no physical disabilities were found; 17 students showed thinness for their age, 5 had pallor and 19 had a cold or cough.

Dental decay was the clearest need: 34 children had caries, including 9 with deep caries, 21 with active enamel or dentin decay and 7 with pit-and-fissure lesions. That points to a follow-up school dental camp for sealants and fillings.

WORLD ARTHRITIS DAY 12 October

General Screening — Arya Vaishya Old Age Home

59 residents screened

17 with hypertension

11 with knee arthritis

To mark World Arthritis Day, the team screened 59 residents of the Arya Vaishya Old Age Home — 40 men and 19 women. Joint problems were the leading finding: 11 residents had knee arthritis, 2 shoulder arthritis and 2 back pain, alongside 17 with hypertension and 4 with diabetes.

Because arthritis affected so many residents, the day became a hands-on session: the physiotherapist demonstrated mobility and strengthening exercises residents can keep doing at home, helping them stay active and independent.



One significant case, *one ordinary day*



THE MONTH'S MOST SIGNIFICANT CASE

Timely treatment helps overcome *viral pneumonia*

Patient: 50F · viral pneumonia with respiratory distress and uncontrolled type 2 diabetes · ICU

After visits to several hospitals in Madanapalle brought no improvement, her family brought her to Swaasthya. She was admitted to the ICU for intensive monitoring, and physicians, the ICU team and nursing staff worked together on her breathing, blood-sugar control and supportive care. She improved steadily and was discharged in a stable condition.

> *"The doctors examined my mother, admitted her and provided regular checkups and treatment every day. Her condition has improved significantly and she has recovered from her fever."*
>
> — Daughter of the patient

WHY IT MATTERS: It shows the hospital's capability to provide intensive, multidisciplinary care for patients with complex medical conditions.

A ROUTINE DAY OF GOOD CARE

A safe delivery on *a rainy night*

Patient: Expectant mother from near Kalicherla · Obstetrics & Gynaecology · emergency obstetric care

She had been coming to Swaasthya for her regular antenatal check-ups. When labour began suddenly, the family travelled to the hospital at night in heavy rain. The team admitted her as an emergency, gave the necessary treatment and monitored her closely before delivery. Mother and baby both came through safely.

> *"We travelled to Swaasthya Hospitals at night in heavy rain. We were very happy that both my wife and our baby came through the delivery safely."*
>
> — Husband of the patient

WHY IT MATTERS: Accessible maternal care, with emergency obstetric support for mother and newborn — even late at night and in difficult weather.



Specialist surgery, *given as seva*

THIS MONTH

4 lives changed by one surgeon's seva

Dr. Manjunath Sastry, a senior surgical oncologist from Bengaluru, gives his time and skill at Swaasthya — so that families in and around Madanapalle can receive specialist surgery close to home.



WHAT THESE SURGERIES CHANGED

01 Ovarian tumour *Elderly woman*

A growth that could have kept growing was removed — bringing safety and peace of mind in her later years.

02 Fibroid uterus *Gynaecological surgery*

Fibroids can bring pain and heavy bleeding that wear a woman down month after month. Surgery offers lasting relief.

03 Umbilical hernia *Hernia repair*

Left untreated, a hernia can become painful and even dangerous. The repair removes that risk for good.

04 Huge lipoma *Middle-aged woman*

A large swelling she had carried in her daily life was removed, so she can move and live without it.

WHAT SEVA LOOKS LIKE

His time	Given freely, alongside a senior role at Sri Shankara Cancer Hospital & Research Centre, Bengaluru.
His skill	33 years of surgical experience; DNB in General Surgery, with a fellowship in advanced laparoscopic & robotic surgery.
His return	He keeps coming back, so that patients who need specialised surgery can find it at Swaasthya.

"Seva is not counted in surgeries alone, but in the lives that go on because of them."

WITH GRATITUDE TO DR. MANJUNATH SASTRY

Thank *you*

We thank all our clinicians, staff, partners, and supporters for their continued commitment and trust this month. Your collective efforts ensured consistent, quality care delivery and sustained patient engagement. We look forward to building on this momentum together.

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Swaasthya Hospitals

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Give With Purpose

Beyond general support, your contribution can be directed toward a specific need — a safe delivery, a life-changing surgery, or critical equipment for our wards. Write to us to discuss sponsoring a particular case or purchase.

Sponsor a Delivery
support safe maternal care

Fund a Surgery
help cover a life-changing procedure

Equip a Ward
contribute toward critical equipment

WITH GRATITUDE TO OUR SUPPORTERS