swaasthya HOSPITALS health and beyond

# SWAASTHYA
HOSPITALS

The Satsang Foundation
with our minds put together, may we understand

SEPTEMBER 2026 · THE IMPACT REPORT




THE MILESTONE ISSUE

# 200 SURGERIES *and counting.*

A milestone in care. A team united in service.

# From consultation *to care*



September brought a different patient mix from August. Total patient visits eased to **3,817** and outpatient consultations were lower, yet **1,519** new registrations came in this month — up 11% — showing that the hospital continued to attract new patients and that patient acquisition remained strong.

The most important operational gain was in inpatient and surgical care: admissions rose from **69 to 86** (+25%) and surgeries from **20 to 23** (+15%), indicating stronger conversion from consultation to hospital-based treatment — and taking Swaasthya past **200 surgeries** since inception.

Pathology (**1,554** tests) and radiology (**305** procedures) remained broadly stable despite the shifts in outpatient, inpatient and surgical activity, suggesting that diagnostic use stayed consistent with the clinical workload.

Community outreach continued to support engagement and patient acquisition — **7** camps and events reaching **513** beneficiaries across 5 locations, including school health screenings at two Madanapalle schools and community camps at Jangalapalle and Edigapalle. Their value extends beyond the day itself, to the referrals and follow-up care they bring to the hospital.



Physiotherapy Day · 08 September

CLINICAL HIGHLIGHT

## FROM SEVERE HYPOXEMIA TO STABLE RECOVERY

A 61-year-old man reached the Emergency Department breathless, with oxygen saturation of just 74%. Treated for an acute COPD exacerbation with oxygen, nebulisation and antibiotics, he recovered and went home stable.

*"Within two days, he was able to eat and go about his routine again."*

— Patient family



02 / MONTH AT A GLANCE

Physiotherapy Day · 08 September

# September 2026 *by the numbers*

A single-page view of how September added up across care delivery, patient demand, diagnostic services, and community outreach.

**3,817**
TOTAL PATIENT VISITS

**1,519**
NEW REGISTRATIONS

## Care delivery snapshot

*Monthly numbers with YTD context*

**3,731**
**Outpatient consultations**
20,438 YTD

**86**
**Inpatient admissions**
430 YTD · up 69 → 86 (+25%)

**23**
**Surgeries performed**
89 YTD · 200 since inception

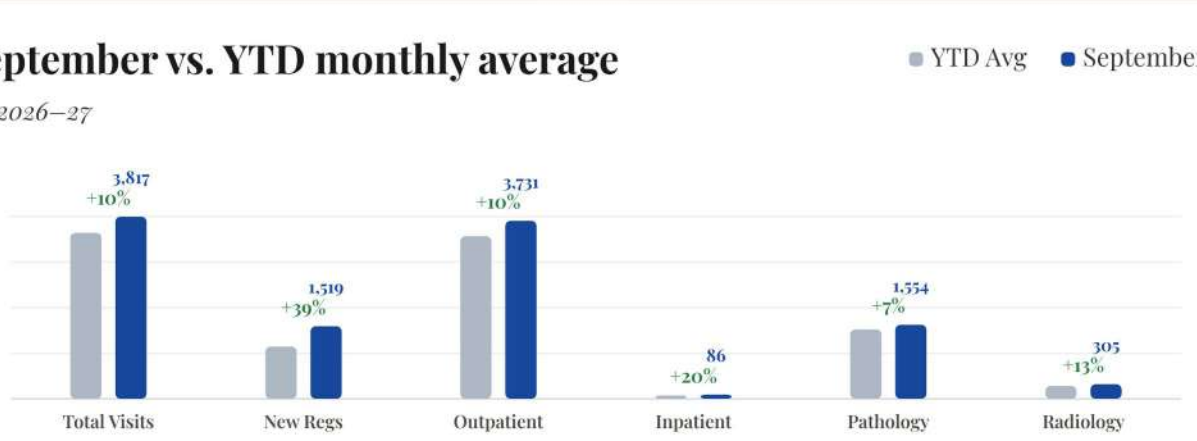
**513**
**Outreach beneficiaries**
7 camps across 5 locations this month

**1,554**
**Pathology tests**
8,727 YTD

**305**
**Radiology procedures**
1,624 YTD

## September vs. YTD monthly average

*FY 2026–27*




**Milestone reached:** Swaasthya has now performed **200 surgeries since inception**, with September alone contributing 23 — across obstetrics & gynaecology, general surgery and orthopaedics, a marker of growing surgical capability and patient trust.

# Camps & events *this month*

| 7 | 513 | 5 |
|---|---|---|
| camps held | patients reached | locations |

**3** EVENTS AT SWAASTHYA HOSPITAL

**4** CAMPS OUT IN THE COMMUNITY

**513** PEOPLE REACHED IN ONE MONTH




## 05

22 SEP

IN THE COMMUNITY

### General Health Screening Camp

Jangalapalle

**49** VILLAGERS SCREENED

**19** ORTHO

**17** GEN. MEDICINE

36 women and 13 men; 3 patients referred for surgery.



## 01

08 SEP

AT THE HOSPITAL

### Physiotherapy Day

Swaasthya Hospital

**20** PEOPLE ATTENDED THE AWARENESS SESSION




## 02

09 SEP

IN THE COMMUNITY

### School Health Monitoring

Urdu Municipal School, Madanapalle

**182** STUDENTS

**64** DENTAL FINDINGS



## 03

10 SEP

AT THE HOSPITAL

### Dental Camp

Swaasthya Hospital



## 04

18 SEP

IN THE COMMUNITY

### School Health Monitoring

CSI Girls High School



## 06

23 SEP

AT THE HOSPITAL

### Neuro Camp

Swaasthya Hospital




## 07

30 SEP

IN THE COMMUNITY

### General Health Screening Camp

Aditya Engineering College, Edigapalle

# Jangalapalle & School Health · *September's featured outreach*



Community Outreach Camp · Jangalapalle






COMMUNITY CAMP 22 September

## Community Camp — Jangalapalle

**49** villagers attended

**19** orthopaedic cases

**17** general medicine cases

A community outreach camp at Jangalapalle on 22 September gave 49 villagers health screening and medical consultation. Women made up the large majority of those who came — 36 females (73%) and 13 males (27%).

Orthopaedic and general medicine complaints made up most consultations, alongside surgical, neurology and ophthalmology cases. Two patients were found to need surgery for a neck swelling, and a young boy with a congenital anomaly was referred for corrective surgery — showing how one village camp can connect families to hospital care.

SCHOOL HEALTH CAMP 09–18 September

## School Health Monitoring — Madanapalle Schools

**294** students screened

**141** with dental findings (66.2%)

**52** underweight (17.7%)

A school health screening reached 294 students aged 4–17 at Municipal Urdu High School and C.S.I. Girls High School & A.A.M. Elementary School, Madanapalle — 219 girls (74.5%) and 75 boys (25.5%). It covered BMI, nutrition, vision, colour vision, hearing and dental examination. 72.1% had a normal BMI, 17.7% were underweight and 10.2% overweight or obese.

Dental problems were the leading concern: 141 of 213 students examined (66.2%) had at least one finding, and caries affected 106 (49.8%), alongside fluorosis and calculus. Vision screening flagged students for further assessment, and 18 showed pale skin, noted for follow-up rather than as confirmed anaemia. These children can be referred for care — showing why regular school screening matters in Madanapalle.



Municipal Urdu High School, Madanapalle



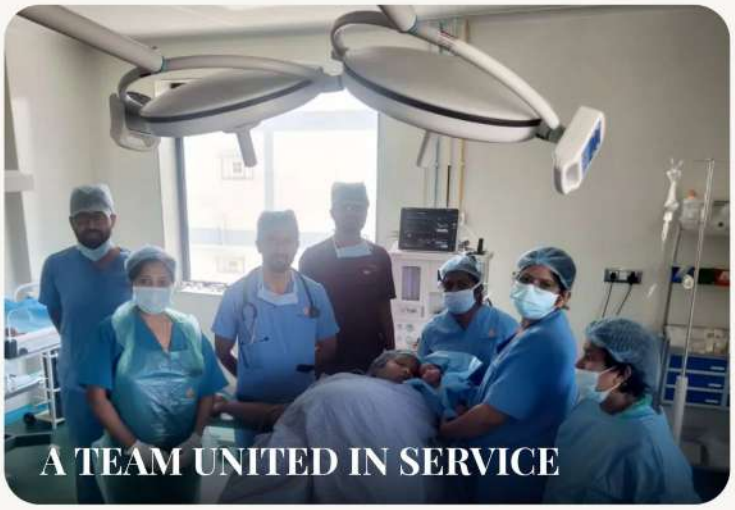
C.S.I. Girls High School, Madanapalle

# 200 Surgeries — *and counting*



**200**
**Surgeries**
Since inception, across OBG, general surgery & orthopaedics

**89**
**This Year**
Surgeries in FY 2026–27, including 23 in September


A TEAM UNITED IN SERVICE

## A MILESTONE MADE POSSIBLE TOGETHER

Since its inception, Swaasthya has performed 200 surgeries across Obstetrics & Gynaecology, General Surgery and Orthopaedics, along with selected oncology surgeries supported by volunteer doctors. This milestone belongs to the whole Swaasthya family — every surgeon and nursing team, past and present, every patient and family who trusted us, and every supporter whose contribution, however small, has helped bring better care to those who need it most. It is a story of **trust, teamwork, dedication and hope**.

**₹1.15 Cr+** worth of surgical care provided free to patients

## A SPECIAL THANKS

*To the CPR team, for strengthening our ICU with essential equipment through Spherule Foundation and GE, and to the Firstsource team for their continued support. A strong ICU is the backbone that makes complex surgical care possible.*

ONE OF 200 STORIES

## SUCCESSFUL MANAGEMENT OF A HIGH-RISK OBSTETRIC CASE

**Patient:** 32F, 35 weeks' gestation · previous LSCS, obesity, pregnancy-induced hypertension and transverse lie

With several maternal and obstetric risk factors present at once, the patient received careful obstetric evaluation and multidisciplinary management, with delivery planned according to her clinical indications. She was safely delivered, and both mother and newborn received appropriate care.

**WHY IT MATTERS:** It shows Swaasthya's capacity to identify and manage complex high-risk pregnancies with timely obstetric and surgical care.




## A FATHER'S WORDS

*"I am proud of being financially backward and still being able to receive treatment with such quality, such facilities and, most importantly, such dignity. That is what Swaasthya has given me."*

— Father of the newborn

# Physiotherapy *department highlight*



**21,000+**
SINCE INCEPTION
**Physiotherapy beneficiaries**

**₹1.8 Cr+**
FREE PHYSIOTHERAPY CARE
**Worth of care given at no cost**

1,795 in FY 2026–27 so far | 5,338 in FY 2025–26

PHYSIOTHERAPY DAY · 08 SEPTEMBER

FEATURED EVENT

## Finding the way back to *independence*

**ATTENDED**
20

**ALONGSIDE**
**Physiotherapy Department doctors and Swaasthya staff**

### THE DAY

Physiotherapy Day began with a conversation on how physiotherapy helps people regain movement, strength, confidence and independence — and became especially meaningful as patients shared their own journeys of recovery.

### RECOVERY STORIES

> *"I came on my own today, driving my vehicle by myself. Now I am also going to work."*
>
> — 48-year-old stroke survivor, who once needed his wife and daughter beside him. Strengthening, coordination and functional training helped him regain control.

- **12-year-old girl, spastic CP:** once unable to stand, now walks with support after 95 sessions of stretching, balance and gait training.
- **81-year-old stroke survivor:** from a walker and his son's arm to walking alone — and taking his cows out to graze — through neuro-rehabilitation and gait training.
- **A patient who couldn't lift his hands to eat** now moves freely, after range-of-motion and arm-strengthening exercises.

**Why it matters:** These stories show that physiotherapy is **not just about recovery — it is about finding one's way back to independence and everyday life**, offered free to every patient who needs it.

PATIENT TESTIMONY

### "Walking without support

*I am Charitha. I have difficulty walking. I was advised surgery. After the surgery, it became so difficult for me to walk and stand on my own. Someone suggested that I take treatment at Swaasthya Hospital, and I have been coming here for three months. From the very first day, madam showed me how to do the exercises. I came with double support — now I come to the hospital without support. They taught me exercises in a friendly manner, and the treatment is free. Thank you, Physiotherapy Department. Thank you, Swaasthya Hospital. Thank you, madam.*

**Charitha**
Physiotherapy patient

DOUBLE SUPPORT → WALKING UNAIDED

# Thank *you*

We thank all our clinicians, staff, partners, and supporters for their continued commitment and trust this month. Your collective efforts ensured consistent, quality care delivery and sustained patient engagement. We look forward to building on this momentum together.

## Contact Us

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## Our Address

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## Stay Connected

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Swaasthya Hospitals

## Income Tax Details

80G exemption certificate Registration Approval No: AAATT1762E25BL02, valid till 2031–32.

## Support Us Through

SCAN TO DONATE
Use your phone camera or any UPI app to scan

## Give With Purpose

Beyond general support, your contribution can be directed toward a specific need — a safe delivery, a life-changing surgery, or critical equipment for our wards. Write to us to discuss sponsoring a particular case or purchase.

**Sponsor a Delivery**
support safe maternal care

**Fund a Surgery**
help cover a life-changing procedure

**Equip a Ward**
contribute toward critical equipment

WITH GRATITUDE TO OUR SUPPORTERS

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The Satsang Foundation