swaasthya HOSPITALS

Health initiative of The Satsang Foundation

IMPACT

FEB 2026 - REPORT

Health and beyond

EXECUTIVE SUMMARY

- Swaasthya Hospital served **3,148 patients** in February 2026, including 1,017 new registrations, with 26,721 total visits YTD, reflecting sustained community trust and growing healthcare access.

- The hospital remained primarily outpatient-driven with 3,083 **consultations,** while also managing 65 inpatient admissions and 9 surgeries, ensuring access to both primary and specialized care.

- **Diagnostic services** supported timely clinical decision-making, with 1,267 pathology tests and 273 radiology procedures conducted during the month.

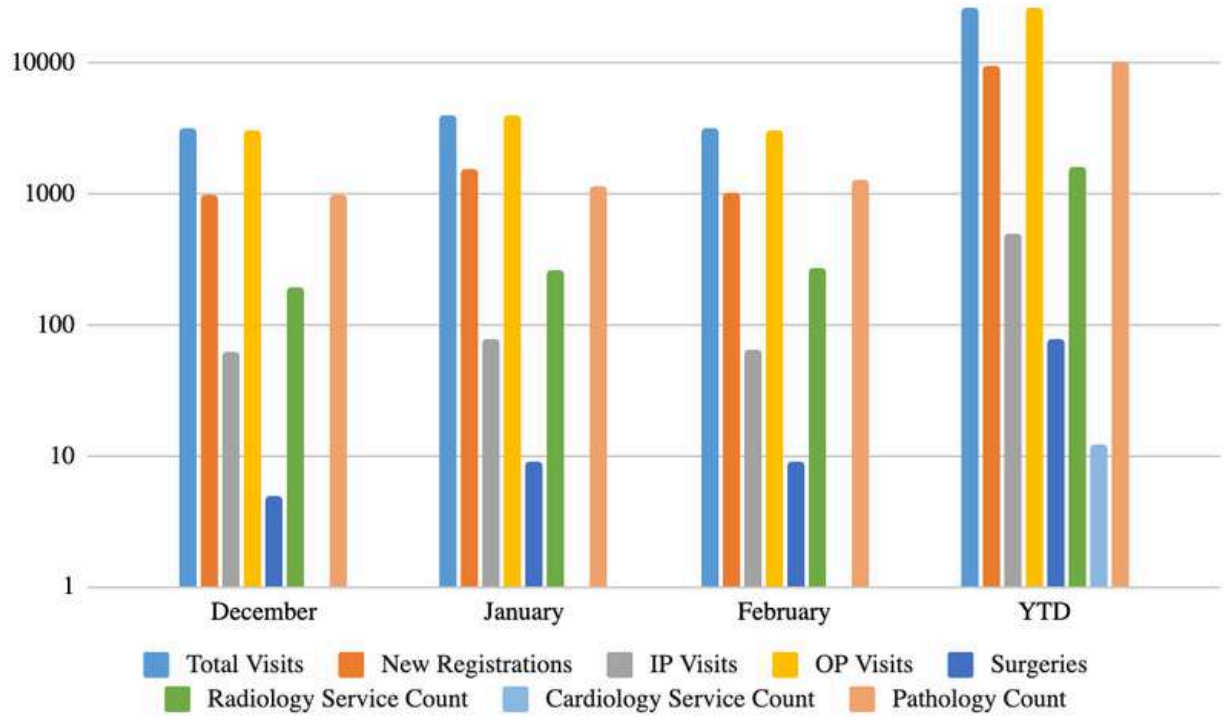
- **Community outreach** initiatives reached 623+ beneficiaries through three major camps and awareness programs, including a general medicine camp, school health monitoring initiatives, and preventive health education sessions.

- **Key public health efforts** included a World Cancer Day awareness session reaching 500+ participants, a two-day voluntary blood donation drive with 60 donors, and school health screenings identifying early health concerns among students, reinforcing Swaasthya's commitment to preventive healthcare and community wellbeing.

FEB AT A GLANCE

February recorded 3,148 total patient visits, including 1,017 new registrations, indicating a strong inflow of new patients (~32%). The hospital remains primarily outpatient-driven (98% OP visits) with 65 inpatient admissions and 9 surgeries during the month. Diagnostic services showed strong utilization, with 1,267 pathology tests and 273 radiology services delivered. Overall, patient footfall remains stable year-to-date at 26,721 visits, reflecting consistent community engagement and service demand.

KEY METRICS



Title	February	YTD
Total Visits	3148	26,721
New Registrations	1017	9,402
IP Visits	65	492
OP Visits	3083	26,229
Surgeries	9	78
Radiology Service Count	273	1,616
Cardiology Service Count	0	12
Pathology Count	1267	10,058

OUTREACH CAMPS

Total Patients Served 623
Total Camps Conducted 3

During February 2026, multiple community outreach and health initiatives were conducted, including awareness sessions, health camps, school health monitoring, and a blood donation drive across Madanapalle and nearby areas. Key engagements included World Cancer Day awareness at MITS College, health camps in Vayalpadu, and student health programs in Vempalli and Delhi Public School. These initiatives strengthened community health awareness and preventive care outreach.

SL	Date	Camp / Event	Place
1	Feb 4, 2026	World Cancer Day - Awareness Session	MITS College, Madanapalle
2	Feb 9, 2026	General Medicine Camp	Vayalpadu
3	15-16 Feb 2026	Blood donation Drive	Swaasthya Hospital, Madanapalle
4	Feb 17, 2026	School Health Monitoring	Vempalli
5	Feb 27, 2026	School Health Monitoring	Delhi Public School
6	Feb 19, 2026	General Health Awareness Session	The Satsang Vidyalaya, Madanapalle

General Medicine Camp

On 9th February, Swaasthya conducted a General Medicine Camp at Vayalpad with the objective of improving access to primary healthcare services for the local community.

A total of 69 individuals attended the camp, including 33 males and 36 females. The camp provided general medical consultations, basic health assessments, and screening for common health conditions. Patients presenting with various complaints were examined by the medical team, and appropriate medical advice, prescriptions, and referrals were provided where necessary.

Key health findings from the camp included 21 cases of hypertension, 13 cases of diabetes, and 13 individuals who underwent GRBS testing. Several patients presented with common health complaints such as cold and cough (22 cases), body pain (17 cases), fever (16 cases), knee pain (13 cases), headache (12 cases), gastric issues (5 cases), and abdominal pain (1 case).
Based on clinical assessment, 3 patients were referred for neurological consultation, and 7 patients were referred for physiotherapy for further evaluation and management.

The camp focused on early identification of health concerns, preventive guidance, and timely referral where required. By bringing medical services closer to the community, the initiative aimed to improve access to healthcare and encourage early health-seeking behavior among residents.

Cancer Awareness Session

On the occasion of World Cancer Day, Swaasthya conducted a Cancer Awareness Session at MITS College, Madanapalle, with the participation of 500+ attendees. The session was designed to educate students and faculty on the increasing burden of cancer and the importance of preventive health practices.

The program covered major risk factors such as tobacco use, alcohol consumption, unhealthy dietary habits, sedentary lifestyle, and environmental exposure. It also addressed the role of preventive vaccines where applicable and highlighted the importance of regular health screenings for early detection.

The medical team emphasized that many cancers are preventable or treatable when identified at an early stage. Participants were encouraged to adopt healthier lifestyle choices, recognize early warning signs, and seek timely medical consultation when needed.

The session aimed to strengthen awareness, promote preventive behavior, and empower young adults with accurate health information.

Blood Donation Drive at Swaasthya Hospitals

On the auspicious occasion of Mahashivaratri, Swaasthya Hospitals organized a two-day Blood Donation Drive as part of its commitment to community service and patient care.

A total of 60 individuals voluntarily donated blood, contributing to the broader community need for a safe and reliable blood supply. Blood donation remains critical for supporting emergency care, surgical procedures, maternal health services, trauma cases, and patients undergoing treatment for serious illnesses.

The drive was conducted in accordance with standard medical screening and safety protocols to ensure donor eligibility and well-being. Through this initiative, Swaasthya Hospitals reinforced the importance of voluntary blood donation and encouraged eligible individuals to donate regularly at licensed blood banks, helping ensure timely availability of blood for patients in need.

School Health Monitoring Camp

On 17th February, Swaasthya conducted a School Health Monitoring Camp at Vempalli Z.P. High School as part of its ongoing community outreach efforts. A total of 75 students were screened, including 42 boys and 33 girls.

The health assessments focused on identifying common but often overlooked concerns among school-aged children. The screening revealed 69 cases of mild anemia, highlighting the continued need for nutritional awareness and early intervention at the school level. In addition, 9 students presented with symptoms of cold and cough, 4 were identified with hypopigmented skin patches, and 3 students were noted to have other minor health concerns requiring observation or guidance.

Dental health was another significant finding, with 37 students referred for further dental evaluation. The referrals were made to ensure timely follow-up and to prevent minor oral health issues from progressing into more serious conditions.

Each student received basic health guidance, and cases requiring attention were clearly communicated for appropriate follow-up. The camp reinforced the importance of routine health monitoring in schools, enabling early identification, preventive action, and improved health outcomes for children.

General Health Awareness Session

On 19th February, a General Health Awareness Session was conducted at Satsang Vidyalayas by Dr. Saadhana. The session focused on educating students about basic health practices and preventive care.

Key topics included the importance of personal hygiene, maintaining oral health, consuming nutritious food, and adopting healthy daily habits. Students were guided on simple steps to prevent common illnesses and take better care of their overall well-being.

The session was interactive, with students actively participating and raising questions related to common concerns such as headaches and other minor health issues. Practical guidance was provided to help them understand when to manage symptoms at home and when to seek medical attention.

The initiative aimed to build health awareness at an early age and encourage responsible health practices among students.

CASE HIGHLIGHTS

RAPID STABILIZATION OF ANTICOAGULANT-RELATED MAJOR BLEEDING IN A PROSTHETIC VALVE

Patient : 42-year-old female

Diagnosis : Severe Acute Blood Loss Anemia Secondary to Supratherapeutic Anticoagulation in a Post–Dual Mechanical Valve Replacement Patient (Rheumatic Heart Disease)

A 42-year-old woman with a history of rheumatic heart disease status post dual mechanical valve replacement presented with bleeding manifestations and profound weakness. Investigations revealed severe anemia (Hb 5 g/dL) and a markedly elevated INR of 7.66, consistent with supratherapeutic anticoagulation.

Recognizing the high thrombotic and hemorrhagic risk associated with mechanical valves, the Emergency and General Medicine teams immediately initiated reversal of anticoagulation with Vitamin K, correction of coagulopathy, and packed red blood cell transfusion. The patient was closely monitored for hemodynamic stability and valve-related thrombotic risk.

With coordinated multidisciplinary care and vigilant monitoring, her condition stabilized without transfusion reactions. She was discharged hemodynamically stable with structured anticoagulation monitoring and follow-up advice.

Why it matters :
This case highlights the critical balance required in managing anticoagulation in prosthetic valve patients and demonstrates how rapid intervention and multidisciplinary coordination can prevent life-threatening complications.

STABILIZING ACUTE METABOLIC DECOMPENSATION IN A HIGH-RISK PATIENT

Patient : 39-year-old male

Diagnosis : Acute Metabolic Decompensation with Dehydration and Hypomagnesemia in a Chronic Alcohol User; Transaminitis; Known Hypertension, Type 2 Diabetes Mellitus, and Coronary Artery Disease

A 39-year-old man with known hypertension, type 2 diabetes mellitus, coronary artery disease, and chronic alcohol use presented with generalized weakness, anorexia, and dehydration. On arrival, he was hypotensive and drowsy. Laboratory evaluation revealed electrolyte imbalance including hypomagnesemia and deranged liver function tests (transaminitis).

The Emergency and General Medicine teams initiated intravenous fluid resuscitation, electrolyte correction, and supportive metabolic management. Given his multiple comorbidities and cardiac risk, he was closely monitored throughout hospitalization.

With coordinated multidisciplinary care, his metabolic parameters improved, hemodynamic status stabilized, and symptoms resolved. He was discharged in stable condition with medications, lifestyle advice, and structured follow-up including alcohol cessation counseling.

Why it matters :

This case underscores the importance of early metabolic stabilization and multidisciplinary management in patients with complex comorbid conditions and alcohol-related systemic complications.

CASE TESTIMONIAL

Case Details

High-risk term female neonate (1.9 kg) born to a G3P2L1D1 mother with bad obstetric history.

Developed feeding intolerance and early-onset sepsis requiring NICU admission, IV antibiotics, tube feeding, and continuous monitoring.

Stabilized with timely intervention and discharged in improved clinical condition.

"This is my third delivery. Because of my previous complications, we were very scared. My baby girl was born with low weight and soon became serious. She was not feeding well, and the doctors told us she had an infection.

They immediately shifted her to the NICU and started treatment. The doctors and sisters took very good care of her day and night. At one point, her condition was very critical, but they did not give up.

The facilities and infrastructure were good, and I received quality care at an affordable cost. Now my baby is fine, and we are going home happily. We are truly grateful to all the doctors and staff for saving my baby."

THANK YOU

We thank all our clinicians, staff, partners, and supporters for their continued commitment and trust through February. Your collective efforts ensured consistent, quality care delivery and sustained patient engagement right through the year-end. This reflects teamwork, dedication, and a shared focus on service excellence. We look forward to building on this momentum in the coming year, together.

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Income Tax Details

80G exemption certificate Ref No.DIT (E) 147/80G@/ V-327/AAATM2522K/ ITO (E) – 2/ 2010-11 dated 6.8.2010 – Valid till the date of cancellation.

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