

IMPACT

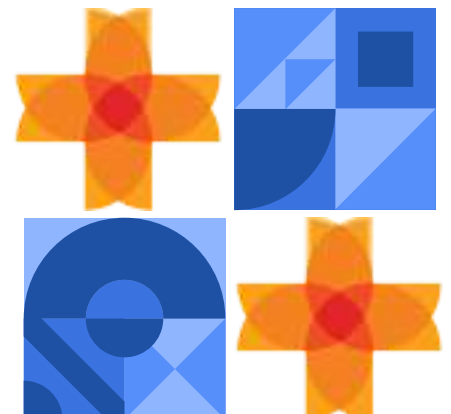
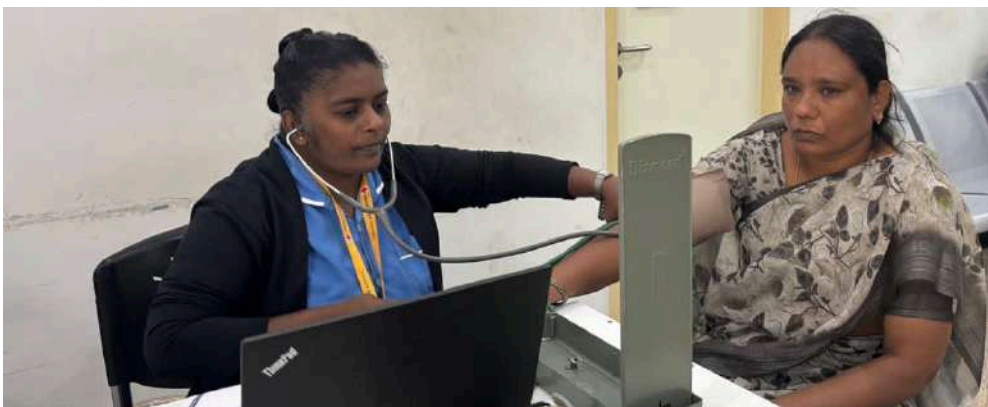
DEC 2025 – REPORT

Health and beyond

EXECUTIVE SUMMARY

- December 2025 marked a strong close to the year, with **3,120 total patient visits**, reflecting sustained demand and continuity of care.
- **Outpatient services remained the backbone** of care delivery, supported by inpatient services and consistent diagnostic utilisation.
- The hospital recorded **22,702 total visits YTD**, underscoring steady growth and increasing community reliance on Swaasthya Hospitals.
- **New registrations remained robust** through December, indicating continued trust and fresh patient inflow alongside repeat care.
- Diagnostic services, including **radiology and pathology**, scaled proportionately with patient volumes, strengthening early detection and clinical decision-making.
- Community outreach remained a key focus, with **three health camps in December serving 115 beneficiaries**, emphasizing preventive and accessible care.
- Infrastructure enhancements, including the **upgraded ultrasound facility**, further strengthened maternal, fetal, and high-risk diagnostic capabilities.
- Collectively, December reflects Swaasthya Hospitals' commitment to **accessible, compassionate, and impact-driven healthcare** for the communities it serves.

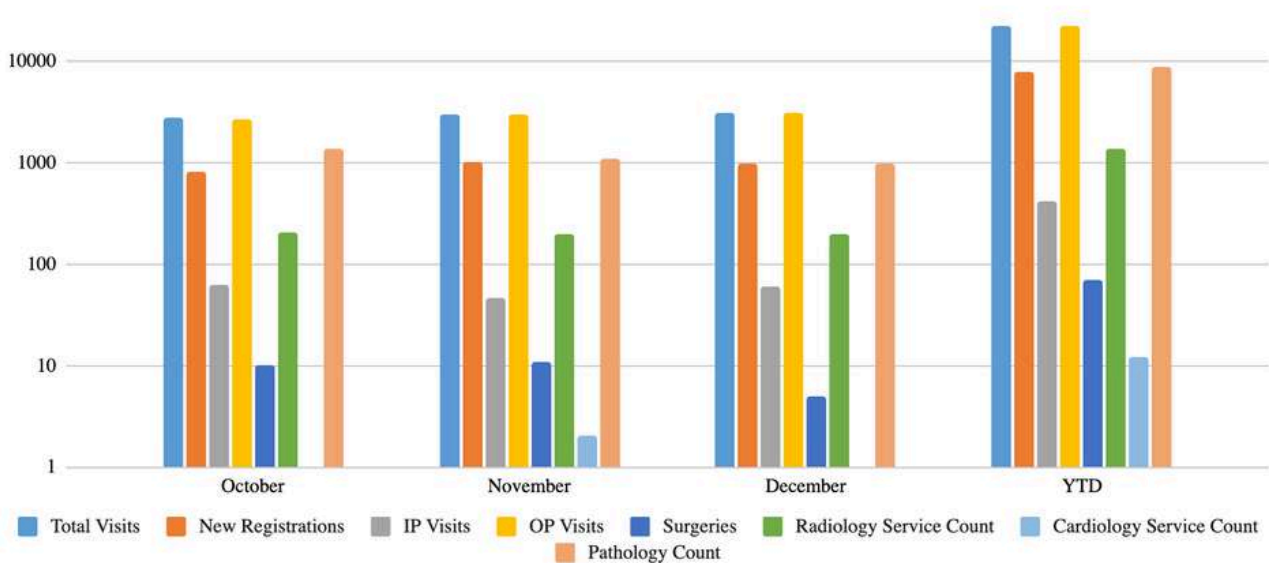
BECAUSE ACCESSIBLE HEALTHCARE CAN MAKE A LASTING DIFFERENCE.



DEC AT A GLANCE

December reflects continued momentum rather than a year-end slowdown, with total visits rising to 3,120 from 3,013 in November. New registrations remained strong at 965, indicating sustained patient inflow. OP visits increased to 3,059, reinforcing the outpatient-led care model. IP visits stayed stable at 61, consistent with earlier months. Diagnostic utilisation remained robust, with radiology at 195 and pathology at 983, aligning closely with visit volumes. Surgical numbers were lower at 5, suggesting case-mix variability rather than reduced demand. Cardiology activity remained minimal. Overall, December closed the year with steady utilisation and stable service demand.

KEY METRICS



Title	Dec 2025	YTD
Total Visits	3120	22,702
New Registrations	965	7,869
IP Visits	61	415
OP Visits	3059	22,287
Surgeries	5	69
Radiology Service Count	195	1,355
Cardiology Service Count	1	12
Pathology Count	983	8,914

OUTREACH CAMPS

Total Patients Served 115
Total Camps Conducted 3

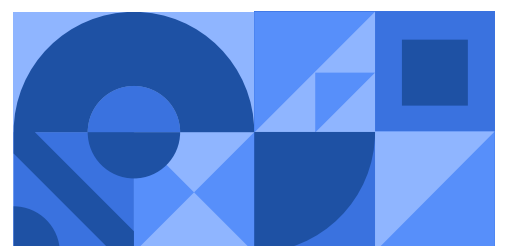
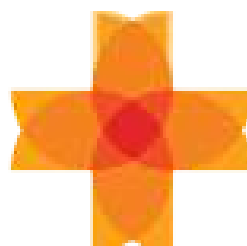
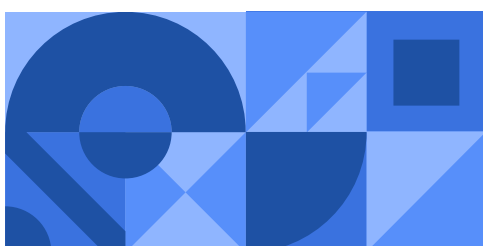
As part of its community outreach initiatives, Swaasthya Hospitals conducted three health camps during the period, reaching a total of 115 beneficiaries.

The Dental Camp at Swaasthya served 10 patients, while the ENT Camp benefited 57 community members through early identification and guidance on common ear, nose, and throat conditions.

A General Medicine Health Camp at Aditya Engineering College, Madanapalle, supported 48 students and staff with consultations, screenings, and preventive care.

Across camps, higher female participation reflected growing trust in accessible and safe healthcare spaces. The initiatives focused on early detection, preventive awareness, and timely medical advice.

Together, these camps reinforced Swaasthya Hospitals' commitment to taking compassionate, quality healthcare closer to communities.



ENT Health Camp

Swaasthya Hospitals conducted an ENT Health Camp on 17 December 2025, with a focus on the early identification and consultation of common ear, nose, and throat conditions. The camp aimed to promote preventive healthcare and ensure timely medical guidance for community members.

- To identify common ENT-related health concerns at an early stage
- To provide medical consultations and preventive guidance
- To strengthen access to quality healthcare at the community level

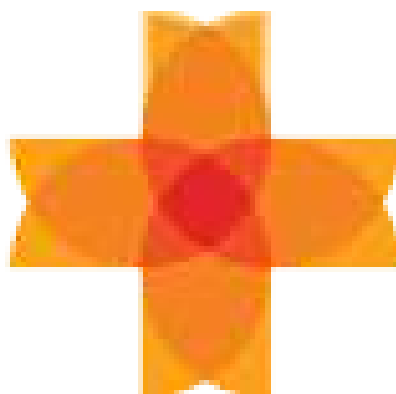
Through focused clinical evaluations and patient interactions, the medical team addressed a range of ENT concerns while educating participants on preventive care and the importance of timely treatment. The camp reflected Swaasthya Hospitals' continued commitment to accessible, compassionate, and community-centered healthcare.

Most Common Conditions Identified :

- Chronic ear infections and wax buildup
- Nasal deviations, adenoids, and sinus-related concerns
- Tonsillitis and throat infections
- Allergic rhinitis
- Hearing and balance-related issues

Total patients served: 57 ; Female patients: 35 ; Male patients: 22

The ENT Health Camp successfully enabled early detection of prevalent ENT conditions and provided participants with appropriate medical advice and next steps for care. Such initiatives play a vital role in reducing long-term health risks and reinforcing preventive healthcare practices within the community.



General Medicine Health Camp

On 22 December 2025, Swaasthya Hospitals conducted a General Medicine Health Camp at Aditya Engineering College, as part of its ongoing commitment to making quality healthcare accessible in spaces where people live, learn, and work.

The camp was designed to support the health and well-being of students and staff by providing timely medical consultations, basic health screenings, and preventive guidance.

- To offer accessible general health check-ups and doctor consultations
- To identify common health concerns at an early stage
- To promote preventive care and timely medical attention within a campus setting

A total of 48 students and staff members benefited from the camp. Participation data revealed a significantly higher turnout of female beneficiaries, reflecting both the relevance of the services offered and growing trust in accessible, campus-based healthcare initiatives.

- Total beneficiaries: 48
- Female beneficiaries: 40
- Male beneficiaries: 8
- Students: 33
- Staff members: 15

The higher female participation highlights increased health-seeking behaviour among women and the importance of safe, accessible healthcare spaces within educational institutions.



Health Screenings & Key Observations : GRBS tests conducted: 10

Most Common Health Concerns Identified

- Giddiness and general weakness (7 cases)
- Amenorrhea (6 cases)
- Back and neck pain (5 cases)
- White discharge (5 cases)

The findings underline the need for continued awareness around women's health, lifestyle-related concerns, and early medical consultation.

Impact. Through focused evaluations and preventive counselling, the camp encouraged participants to prioritise their health despite demanding academic and professional schedules. Beyond treatment, the initiative reinforced the importance of preventive care, awareness, and early intervention.

At Swaasthya Hospitals, healthcare goes beyond clinical care. Through regular outreach initiatives such as this General Medicine Health Camp, the team continues to bring compassionate, reliable healthcare closer to communities—creating healthier campuses, stronger communities, and a more mindful approach to wellness.

Dental Camp

On 16 December 2025, an Oral and Maxillofacial Surgery Camp was conducted at Swaasthya Hospitals by Dr. Madhukar, serving 10 patients. The camp was largely intervention-driven, with extractions forming the majority of procedures (9 cases), indicating advanced or long-standing dental issues. Procedures included routine extractions, open extractions requiring tooth sectioning, and surgical removal of impacted teeth embedded beneath the gingiva and bone. Impactions (3 cases) highlighted the need for specialized surgical care rather than routine consultations. All procedures were performed following strict surgical protocols, ensuring patient safety and effective clinical outcomes.



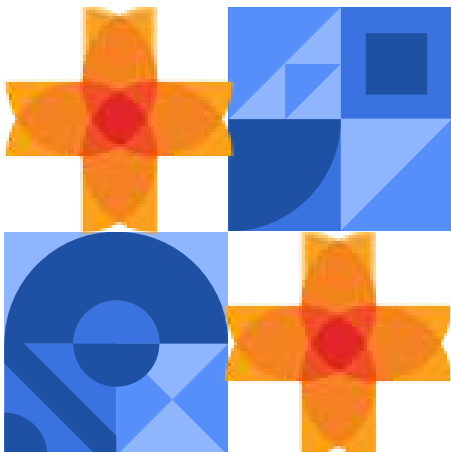
ULTRASOUND SERVICES UPGRADE

We have upgraded our ultrasound facility from the BPL Xcube 8 (basic version) to the advanced Xcube 8 (Version 60).

This significant enhancement has strengthened our diagnostic capabilities, especially in maternal and fetal care, enabling:

- TIFFA (Targeted Imaging for Fetal Anomalies) with improved resolution and accuracy
- Comprehensive evaluation of high-risk pregnancies
- Advanced Doppler studies (uterine, umbilical, MCA, and fetal circulation)

The upgrade allows for earlier detection of fetal anomalies, better risk stratification, and timely clinical decision-making, ultimately improving maternal and neonatal outcomes while reducing the need for external referrals.



CASE HIGHLIGHTS

RAPID EMERGENCY CARE SAVES A HIGH-RISK DENGUE PATIENT WITH CARDIAC COMORBIDITY

Patient : 59-year-old male

Diagnosis : Dengue Fever with Shock and Bleeding Manifestations; De-novo Type 2 Diabetes Mellitus; Primary Hypertension; Post-CAD

A 59-year-old man with a known history of coronary artery disease presented to the Emergency Department with high fever, fatigue, dehydration, and bleeding manifestations. Initial evaluation revealed dengue fever with thrombocytopenia and features of dengue shock, placing him at high risk due to underlying cardiac disease.

The Emergency team immediately initiated protocol-based dengue management, including careful IV fluid resuscitation, close hemodynamic monitoring, and serial platelet surveillance. Bleeding manifestations were monitored closely, and supportive care was optimized to prevent cardiac overload. During evaluation, previously undiagnosed type 2 diabetes and primary hypertension were identified and promptly managed.

With vigilant monitoring and coordinated medical care, the patient stabilized, platelet counts improved, shock resolved, and metabolic parameters were controlled. He was discharged in stable condition with medications, lifestyle advice, and follow-up.

Why it matters: This case highlights the importance of timely Emergency intervention, careful fluid management, and integrated medical care in managing dengue shock with bleeding in a high-risk cardiac patient, while also identifying and treating newly diagnosed chronic diseases early.



EMERGENCY AND ICU CARE SUPPORTS A CRITICALLY ILL ELDERLY PATIENT WITH SEVERE LUNG INFECTION

Patient : 80-year-old male

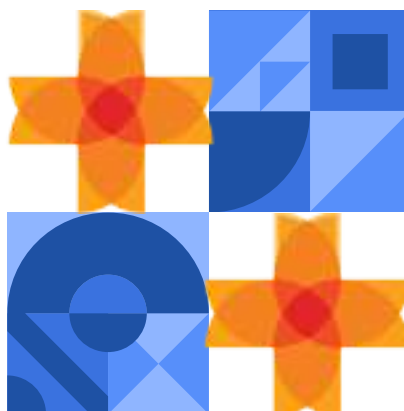
Diagnosis : Acute Respiratory Distress due to Severe Pneumonia with COPD Changes and Pleural Effusion

An 80-year-old man was brought to the Emergency Department with severe breathlessness and hypoxia. Immediate evaluation revealed advanced lung disease with pneumonia, pleural effusion, and underlying COPD changes. The Emergency team rapidly stabilized his breathing with oxygen support, nebulizations, and medications, following which he was shifted to the ICU for close monitoring and advanced respiratory care. Broad-spectrum antibiotics and supportive treatment were initiated, and microbiological testing guided targeted therapy.

With continuous ICU care and respiratory support, the patient's condition improved. He was discharged in a stable condition on home oxygen therapy, with clear instructions and scheduled follow-up for ongoing respiratory care.

Why it matters

This case highlights how timely Emergency intervention and ICU-based respiratory care can stabilize critically ill elderly patients with severe lung infections and chronic lung disease, enabling safe transition to home care.



CASE TESTIMONIAL

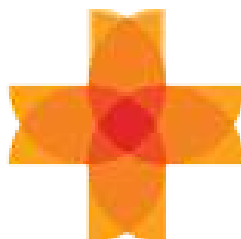


"My name is Nisha. My husband's name is Shazahan, and we live in Nakkaladeni Tanda. He was suffering from severe leg pain due to a leg injury. We visited a government hospital some time back and took treatment, but his condition did not improve.

Later, through word of mouth, we came to know about this hospital and were told that the quality of care here is very good. When we reached the hospital, we found that the facilities are excellent—from housekeeping to the doctors, who are very compassionate and empathetic.

The surgery and treatment were done completely free of cost, except for medicines, which were provided at subsidized rates. The infrastructure, quality of care, and attention given to patients are no less than those of a corporate hospital.

I sincerely urge everyone to visit this foundation hospital to receive quality healthcare at affordable prices."



THANK YOU

We thank all our clinicians, staff, partners, and supporters for their continued commitment and trust through December. Your collective efforts ensured consistent, quality care delivery and sustained patient engagement right through the year-end. This reflects teamwork, dedication, and a shared focus on service excellence. We look forward to building on this momentum in the coming year, together.

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